
Introducing the National Network of Libraries of Medicine Pacific Northwest Region (NN/LM PNR)

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Overview

- Who We Are
- Consumer Health Resources
- Education, Research & Clinical Practice Resources
- Disaster Resources



Who We Are



NIH

NLM

NN/LM

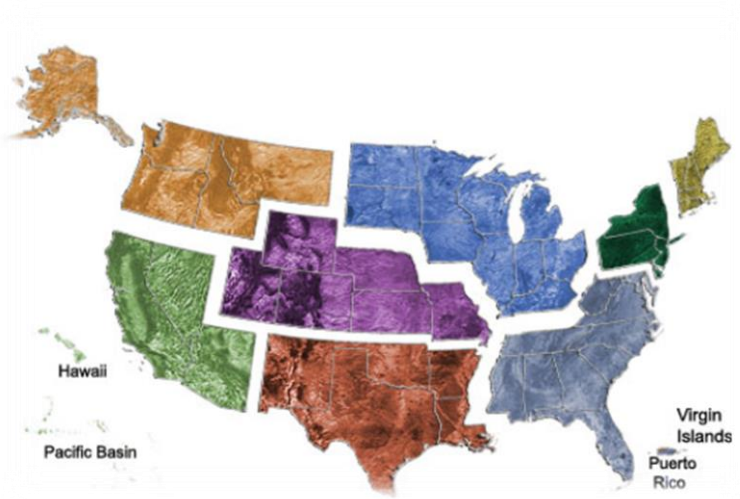
What's the difference?





The mission of NN/LM is to advance the progress of medicine and improve the public health by:

- Providing all U.S. health professionals with equal access to biomedical information.
- Improving the public's access to information to enable them to make informed decisions about their health.



Classes/Training

Using Data to Improve Clinical Patient Outcomes



Registration is now open for *Using Data to Improve Clinical Patient Outcomes*.

This forum, held on March 7, 2016, is co-sponsored by the NN/LM Pacific NW Region and the NN/LM MidContinental Region and will provide an overview of current and potential uses of patient data to improve patient safety, quality of care and evidence-based practice. See more information [here](#).

Data Visualization

A Virtual Tabletop Exercise in Disaster Preparation
ClinicalTrials.gov

Chemicals, Drugs, and Genetics, Oh My!
Data Curation/Management Journal Club

Health on the Range (rural health)
Combating Information Fatigue (veteran health)
Health Issues in the Headlines
Caring for the Mind (mental health)
Healthy Aging at the Library

PNR Rendezvous



The National Network of Libraries of Medicine, Pacific Northwest Region (NN/LM PNR) hosts free monthly web-based continuing education classes, presentations, and talks with network members, called PNR Rendezvous.

Upcoming Presentations:

How Patients Use Social Media

February 17, 2016 1PM Pacific


Presenters: health journalist Sally James and patient-advocate Stacey Tinianov

January's recording of [Library and Other Leadership Development Programs](#) is available.

Blogs and Newsletters and Social Media

Dragonfly

News From the Northwest and Beyond



GO


Pages
About Dragonfly
FAQ
Writing for Dragonfly

Archives

- 2016 (17)
 - February (5)
 - January (12)
- 2015 (100)
 - 2014 (73)
 - 2013 (79)
 - 2012 (109)
 - 2011 (84)
 - 2010 (96)

How Patients Use Social Media, upcoming PNR Rendezvous

Posted on February 9th, 2016 by Carolyn Martin | Filed under [Health Literacy/Consumer Health](#), [News From NN/LM PNR](#), [Education](#) | [No Comments](#)



On February 17, join us for the PNR Rendezvous on How Patients Use Social Media. Our guest presenter science journalist Sally James and patient advocate, Stacey Timanov, Sally and Stacey will lead you through clinicians and researchers, increasingly use Twitter and Facebook to find and exchange many kinds of health technical information about diseases, comparisons of treatments, as well as support for survivor issues in chat. Live chats on these platforms draw thousands weekly. Some researchers break news about peer-reviewed journal articles on Twitter. Other researchers are recruiting subjects directly on social media. This webinar will provide practical advice on how these resources are used and how moderators "curate" and archive tweets and Facebook posts so they remain accessible.

We hope you can join us but if not, the session will be recorded. Check the [PNR Rendezvous](#) webpage a couple of days after the session.

When: February 17, 1:00pm Pacific Time, Noon Alaska Time, 2:00pm Mountain Time [Read more](#)

Wildfire Crisis in Washington State Highlights the Need for Emergency Communication for Immigrant and Refugee Communities

Posted on February 8th, 2016 by Patricia Devine | Filed under [Emergency Preparedness](#), [News From NN/LM PNR](#) | [No Comments](#)

The Washington State Coalition for Language Access (WASCLA), which works to promote collaborations to ensure language access for non-English speaking residents.

NEO Shop Talk

The blog of the National Network of Libraries of Medicine Evaluation Office

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Updates

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Categories

- Bloggers' Bookshelf
- Data Analysis
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- Library Value
- Logic Models
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- Qualitative Methods
- Questionnaires and Surveys
- Research Reads
- Simply Elegant Evaluation
- Storytelling

Archives

- 2016 (18)
 - May (1)
- Diversity, Texas Libraries

Diversity, Texas Libraries and Participatory Data Collection

Posted on May 2nd, 2016 by Karen Vargas | Filed under [DEIC Projects](#), [Practical Evaluation](#) | Comments Off on Diversity, Texas Libraries and Participatory Data Collection

On April 20, Cindy Olney and I facilitated a program for the [Texas Library Association Annual Conference](#) called [Open Libraries! Making Your Library Welcome to All](#). The program was sponsored by TLA's Diversity and Inclusion Committee and the plan for the program was for attendees to work cooperatively to discover ways to ensure that people of diverse cultures, languages, ages, religions, sexual orientations, physical abilities, and others feel welcome at the library. The committee wanted to get ideas from the wealth of TLA librarians' experiences, so Cindy was invited to gather as much information from the attendees as possible. As co-chair of the TLA Diversity and Inclusion Committee, I co-facilitated the event.

The process used was a modified [Liberating Structures](#) process, that you can find on the [Liberating Structures](#) website. Our primary question was "What can my library do to become more welcoming to all people?" We asked everyone in the room to brainstorm together all the different parts of a library that could be modified to make it more welcoming (e.g., reference services, facility, etc.). We wanted to be sure that everyone thought as broadly and creatively as possible.

The discussion process actually had two parts. For part one, we gave everyone two minutes to write as many ideas as they could on index cards (one idea per card). Then we asked people to take two minutes to share their ideas with a partner. They then shared their ideas with the entire table (up to 10 participants). The group then chose and wrote down the three best ideas and turned them in to the moderators. Participants were instructed to leave their index cards with their ideas placed in the middle of their tables.


Here were some of the ideas that were generated through this discussion.

- Welcome signs in different languages
- Signage
- Physical spaces – access to mobility

As you can see, the responses were fairly non-specific. We wanted richer descriptions of modifications of programs or services. So part two of the process involved asking participants to develop more detailed plans for making their libraries more welcoming. Using a method involving dot, cat, and see creature stickers, we moved participants randomly to new tables so that they ended up with a new group of colleagues. They then chose a partner from their new table members and, as a pair, randomly chose one idea card the piles generated in part one of the process. They worked on a plan for one idea for eight minutes. When the moderator called time, they pulled another card and worked on plans for a second idea. In the final eight minutes of the session, we asked for idea sharing by table to the entire group.

The plans in part 2 were better articulated and detailed than those we got in part one. Here are some examples of the kind of result we got from that exercise:

- Signage: Making clearer, more colorful, different language signage or use digital signage.
- Language material specific to the community and programming in various language spoken in the community. ESL classes partnered with community colleges.
- Invite representatives from ADA/disability advocates to give suggestions on making library desks/areas more accessible.



NN/LM National Network of Libraries of Medicine

nnlm.gov

Home Member Services Provide Outreach Resource Sharing & Document Delivery Health Information on the Web Funding Training

Bringing Health Information to the Community (BHIC)

This blog focuses on health information issues related to the community, especially underserved communities.

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Categories

- Articles
- Children and Teens
- Conferences
- Emergency Preparedness
- Environmental Health
- General
- Health Information Literacy
- HIV/AIDS
- Inner-City
- Low-Income
- Mental Health
- Minority Health Concerns
- Multilingual

Support for Consumer Health Interactions at the Public Library

Posted on March 25th, 2016 by test ottawa | Filed under [Articles](#), [Health Information Literacy](#), [Public Library](#) | [No Comments](#)

The Health Happens in Libraries team from WebJunction.org has posted the new article "Just Another Day at the Desk: squirrels, professional ethics and consumer health information" with resources to support public libraries as you provide ethical responses to consumer health information requests. It also provides resources such as the guide [Understanding Ethics and Privacy in Health Information and Services](#). It includes guidance on how to provide ethical services when you aren't a health expert, ethical communication practices for when you and your patron speak different languages, and how to maintain an ethical and reliable collection for health information consumers. The guide also includes individual and team reflection questions to help you consider these topics proactively. To read the article, please visit: [bit.ly/1RpYsYh](#)

County Health Rankings & Roadmaps

Posted on March 25th, 2016 by test ottawa | Filed under [General](#), [Public Health](#), [Regional Information](#) | [No Comments](#)

The annual [County Health Rankings](#) measure vital health factors, including high school graduation rates, obesity, smoking, unemployment, access to healthy foods, the quality of air and water, income, and teen births in nearly every county in America. The annual [Rankings](#) provide a revealing snapshot of how health is influenced by where we live, learn, work and play. They provide a starting point for change in communities. The [Rankings](#) are based on a model of population health that emphasizes the many factors that, if improved, can help make communities healthier places to live, learn, work and play. To see how your county ranks and more information, please visit: [bit.ly/1XSx8Rq](#)

CMS Releases Interactive Mapping Medicare Disparities Tool

Posted on March 25th, 2016 by test ottawa | Filed under [Low Income](#), [Minority Health Concerns](#), [Public Health](#) | [No Comments](#)

NN/LM Pacific Northwest Region

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We support health information collaboration among regional libraries, information centers and community-based organizations in AK, ID, OR, MT, and WA

Seattle, WA
nnlm.gov/pnr
Joined February 2010

Tweets Tweets & replies Photos & videos

NN/LM PNR @nnlmpnr · Mar 25
Find all major sources of childhood obesity data in one location
[#obesity](#) [#data](#) [#kidshealth](#)

NN/LM PNR @nnlmpnr · Mar 25
New post: HIV/AIDS Community Information Outreach Projects 2016
[nnlm.gov/pnr/dragonfly/...](#)

NN/LM PNR @nnlmpnr · Mar 25
UW dentists advocate for dental therapist profession despite ADA, see results in Alaska [ow/1Zvzt5](#) [#dental](#) [#dentatherapists](#)

NN/LM PNR @nnlmpnr · Mar 24
Preventing deaths is focus on World Tuberculosis Day

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Consumer Health Resources



How do you search for health information?



How do you search for health information?

A white rectangular search input field with a thin gray border. On the right side of the field is a small microphone icon, indicating voice search functionality.

Google Search

I'm Feeling Lucky



National Library of Medicine

<https://www.nlm.nih.gov/>

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Search

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Databases

- PubMed/MEDLINE
- MeSH
- UMLS
- ClinicalTrials.gov
- MedlinePlus
- TOXNET
- Images from the History of Medicine
- Digital Collections
- LocatorPlus
- All NLM Databases & APIs



1 2 3 4

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- Explore history
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- Use a medical dictionary
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- History of Medicine
- Online Exhibitions & Digital Projects

Research at NLM

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- Biomedical Research & Informatics
- Environmental Health & Toxicology
- Health Services Research & Public Health
- Health Information Technology

NLM for You


- Grants & Funding
- Meaningful Use Tools
- Training & Outreach
- Network of Medical Libraries
- Regional Activities

News, Events, Videos

- NLM Announces RFQ: HIV/AIDS Community Information Outreach Projects 2016 (03/23/16)
- Imagine There's No Problem Identifying That Prescription Pill: New NLM Challenge (NLM in Focus) (03/14/16)

NLM Consumer Health Resources

<https://www.nlm.nih.gov/hinfo.html>

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Home > Health Information

Health Information

- [General Health](#)
- [Drugs & Supplements](#)
- [Specific Populations](#)
- [Genetics](#)
- [Environmental Health & Toxicology](#)
- [Clinical Trials](#)
- [Biomedical Literature](#)

General Health

MedlinePlus

- Over 900 health topics
- Interactive tutorials
- A medical encyclopedia with images
- Drug and supplements information
- Latest health news
- Surgery, anatomy and news videos
- Guidance for evaluating internet health information
- Population-specific health information

[More about MedlinePlus \(Fact Sheet\)](#) | [FAQs](#) | [MedlinePlus en español](#)

FAQ: Find a Doctor or Information About a Doctor

Resources for individuals trying to find a doctor or information about a doctor.

Drugs & Supplements

DailyMed

A directory of Food and Drug Administration (FDA) drug labels.

Dietary Supplements Labels Database

A database with label information for thousands of brand-name dietary supplements.

Drug Information Portal

A portal that provides quick access to high quality drug information.

Pillbox

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Learn about prescription drugs, over-the-counter medicines, herbs, and supplements

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Articles and images for diseases, symptoms, tests, treatments

Medical Dictionary from Merriam-Webster
Look up in Dictionary

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Find tips for getting active on our [Exercise and Physical Fitness](#) page.

1 2 3 4 ▶

Today's Health News
1.2 Million U.S. College Students Boozing on Average Day
Fewer U.S. Kids Die from Abusive Head Trauma: CDC
Healthy Living May Offset Genetic Breast Cancer Risk
More health news

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- Health topics
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- Medical encyclopedia
- Medical dictionary
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MedlinePlus- Spanish

<https://www.nlm.nih.gov/medlineplus/spanish/>

Biblioteca Nacional de Medicina de los EE.UU.

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Temas de salud
Infórmese sobre temas de salud, bienestar, enfermedades y condiciones



Medicinas y suplementos
Aprenda sobre sus medicamentos de receta, de venta libre, hierbas y suplementos



Videos y multimedia
Descubra tutoriales, videos de cirugías, juegos y herramientas virtuales



Enciclopedia médica
Artículos e imágenes sobre enfermedades, síntomas, exámenes, tratamientos

Documentos de lectura fácil



La artritis causa dolor.
Pero hay cosas que usted puede hacer para sentirse mejor

1 2 3 4 ▶

Noticias sobre la salud

Fomas inteligentes y fáciles de protegerse del **cáncer de piel**

Los audífonos podrían ayudar a mantener aguda la mente de las personas mayores

¿Podría una manipulación celular algún día 'desactivar' las canas?

Más noticias de salud

Conéctese con nosotros

Suscríbase a las actualizaciones por email de MedlinePlus 

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Revista NIH MedlinePlus Salud

Lea el **último número**



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The screenshot shows the MedlinePlus website homepage. At the top, the NIH U.S. National Library of Medicine logo is on the left, and a search bar with the text "Search MedlinePlus" and a green "GO" button is on the right. Below the search bar are links for "About MedlinePlus", "Site Map", "FAQs", and "Contact Us". A navigation bar contains "Health Topics", "Drugs & Supplements", "Videos & Tools", and a "Español" link. The main content area is divided into two columns. The left column has four sections: "Health Topics" (with an apple icon and a red circle), "Drugs & Supplements" (with a pill icon), "Videos & Tools" (with a play button icon), and "Medical Encyclopedia" (with a book icon). Below these is a "Medical Dictionary from Merriam-Webster" section with a "Look up in Dictionary" field and a "GO" button. The right column features a large banner for "Stay in shape this summer!" with a silhouette of a runner and a "Find tips for getting active on our Exercise and Physical Fitness page." link. Below the banner is a "Today's Health News" section with headlines like "1.2 Million U.S. College Students Boozing on Average Day" and "Fewer U.S. Kids Die from Abusive Head Trauma: CDC". There is also a "Stay Connected" section with a sign-up form for email updates. At the bottom, there are links for "NIH MedlinePlus Magazine" and "Read the latest issue". The footer contains various links and disclaimers.

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Learn about prescription drugs, over-the-counter medicines, herbs, and supplements

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Discover tutorials, health and surgery videos, games, and quizzes

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Stay in shape this summer!
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1.2 Million U.S. College Students Boozing on Average Day
Fewer U.S. Kids Die from Abusive Head Trauma: CDC
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[Home](#) — [Health Topics](#) — [Anxiety](#)

Anxiety

On this page

Basics

- Summary
- Start Here
- Latest News
- Treatments and Therapies

Learn More

- Living With
- Related Issues
- Specifics

See, Play and Learn

- Health Check Tools
- Videos and Tutorials

Research


- Clinical Trials
- Journal Articles

Resources

- Find an Expert

For You

- Children
- Teenagers
- Women
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- Patient Handouts



Get Anxiety updates by email

MEDICAL ENCYCLOPEDIA

Agitation

Generalized anxiety disorder

Generalized anxiety disorder – self-care

Hyperventilation

Palliative care - fear and anxiety

Summary

Fear and anxiety are part of life. You may feel anxious before you take a test or walk down a dark street. This kind of anxiety is useful - it can make you more alert or careful. It usually ends soon after you are out of the situation that caused it. But for millions of people in the United States, the anxiety does not go away, and gets worse over time. They may have chest pains or nightmares. They may even be afraid to leave home. These people have anxiety disorders. Types include

- Panic disorder
- Obsessive-compulsive disorder
- Post-traumatic stress disorder
- Phobias
- Generalized anxiety disorder

Treatment can involve medicines, therapy or both.




Start Here

- [Anxiety Disorders](#) (American Psychiatric Association)
- [Anxiety disorders](#) (Department of Health and Human Services, Office on Women's Health)
- [Anxiety Disorders](#)  (National Institute of Mental Health)
- [Anxiety Disorders and Effective Treatment](#) (American Psychological Association)
Available in Spanish
- [Understanding Anxiety Disorders: When Panic, Fear, and Worries Overwhelm](#)  (National Institutes of Health)

Latest News

- [Depressive Episode May Not Always Follow Mania in Bipolar Disorder](#) (05/09/2016, HealthDay)
- [Anxiety, Depression May Reduce Women's Success with IVF: Study](#) (03/15/2016, HealthDay)

Treatments and Therapies

- [Anxiety](#)  (National Center for Complementary and Integrative Health)
- [Herbal Treatment for Anxiety: Is It Effective?](#) (Mayo Foundation for Medical Education and Research)
- [Mental Health Medications](#)  (National Institute of Mental Health)
- [Psychotherapies](#)  (National Institute of Mental Health)
- [Treating Anxiety, ADHD, Depression, Insomnia, and PTSD with Antipsychotics](#)

Living With

- [Anxiety Disorders Information: Helping Others](#) (Anxiety and Depression Association of America)
- [Depression and Anxiety: Exercise Eases Symptoms](#) (Mayo Foundation for Medical Education and Research)
- [Exercise for Stress and Anxiety](#) (Anxiety and Depression Association of America)
- [Is It True That Certain Foods Worsen Anxiety and Others Have a Calming Effect?](#) (Mayo Foundation for Medical Education and Research)
- [Tips to Manage Anxiety and Stress](#) (Anxiety and Depression Association of America)

Related Issues

- [Depression and Anxiety in Migraine Patients](#) (American Headache Society)
- [Got Anxiety? Get Help: Tips for College Students](#) (Anxiety and Depression Association of America) - PDF

Stress and your health

Related Health Topics

[Obsessive-Compulsive Disorder](#)

[Panic Disorder](#)

[Phobias](#)

[Stress](#)

National Institutes of Health

The primary NIH organization for research on *Anxiety* is the **National Institute of Mental Health**

Languages

[Chinese - Simplified \(简体中文\)](#)

[Chinese - Traditional \(繁體中文\)](#)

[Spanish \(español\)](#)

NIH MedlinePlus Magazine

[Anxiety Disorders: Types, Diagnosis and Treatment](#)

[Living with Anxiety Disorders, Worried Sick](#)

[Safe Use of Complementary Health Products and Practices for Anxiety](#)

[Symptoms: Personal Snapshots of Anxiety Disorders](#)

MedlinePlus links to health information from the National Institutes of Health and other federal

MedlinePlus

Twitter interface showing the MedlinePlus.gov profile. The profile includes the NIH logo, bio, location (Bethesda, MD), website (medlineplus.gov), and join date (March 2009). The main tweet promotes a safe bike ride with a link to a guide.

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Bethesda, MD

medlineplus.gov

Joined March 2009

476 Photos and videos

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Cycle through Spring smoothly & follow these tips to enjoy a safe bike ride: bit.ly/1Ih1H1

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- NLM @nlm_news
- NIH @NIH
- NIH Clinical Center @NIHClinicalCtr
- NEJM @NEJM
- NLM SIS @NLM_SIS

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School Health

On this page

Basics <ul style="list-style-type: none">SummaryStart HereLatest NewsPrevention and Risk Factors	Learn More <ul style="list-style-type: none">Related IssuesSpecifics	See, Play and Learn <ul style="list-style-type: none">No links available
Research <ul style="list-style-type: none">Statistics and ResearchJournal Articles	Resources <ul style="list-style-type: none">Find an Expert	For You <ul style="list-style-type: none">ChildrenTeenagers

Summary

Your child spends more time at school than anywhere else except home. Schools can have a major effect on children's health. Schools can teach children about health, and promote healthy behaviors. Physical education classes give children a chance to get exercise.

Schools work to

- Prevent risky behaviors such as alcohol and tobacco use, or bullying
- Encourage healthy habits like exercise and healthy eating
- Deal with specific health problems in students, such as asthma, obesity and infectious diseases






The school building and environment should be a safe and healthy place for your child.


Start Here

- Safe Youth. Safe Schools. (Centers for Disease Control and Prevention)
- Student Health and Academic Achievement (Centers for Disease Control and Prevention)

Latest News

- Schools Must Do More to Combat Obesity Among Hispanic Kids: Report (01/26/2016, HealthDay)
- 'Standing Desks' in Classrooms May Kickstart Kids' Activity (01/22/2016, HealthDay)
- Schools Offering Drinking Water May Have Slightly Slimmer Students (01/19/2016, HealthDay)
- More News on School Health





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Related Health Topics

- Bullying
- Child Safety
- College Health

NIH MedlinePlus Magazine

- Asthma and Schools

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Bookmerken

Bryderi

Buzzzy

Cherry Share

CiteULike

CleanSave

Communicate

Curate.Us

Digg

Digo

Douban

Dudu

eKudos

Email App

extraplay

Fabulously40

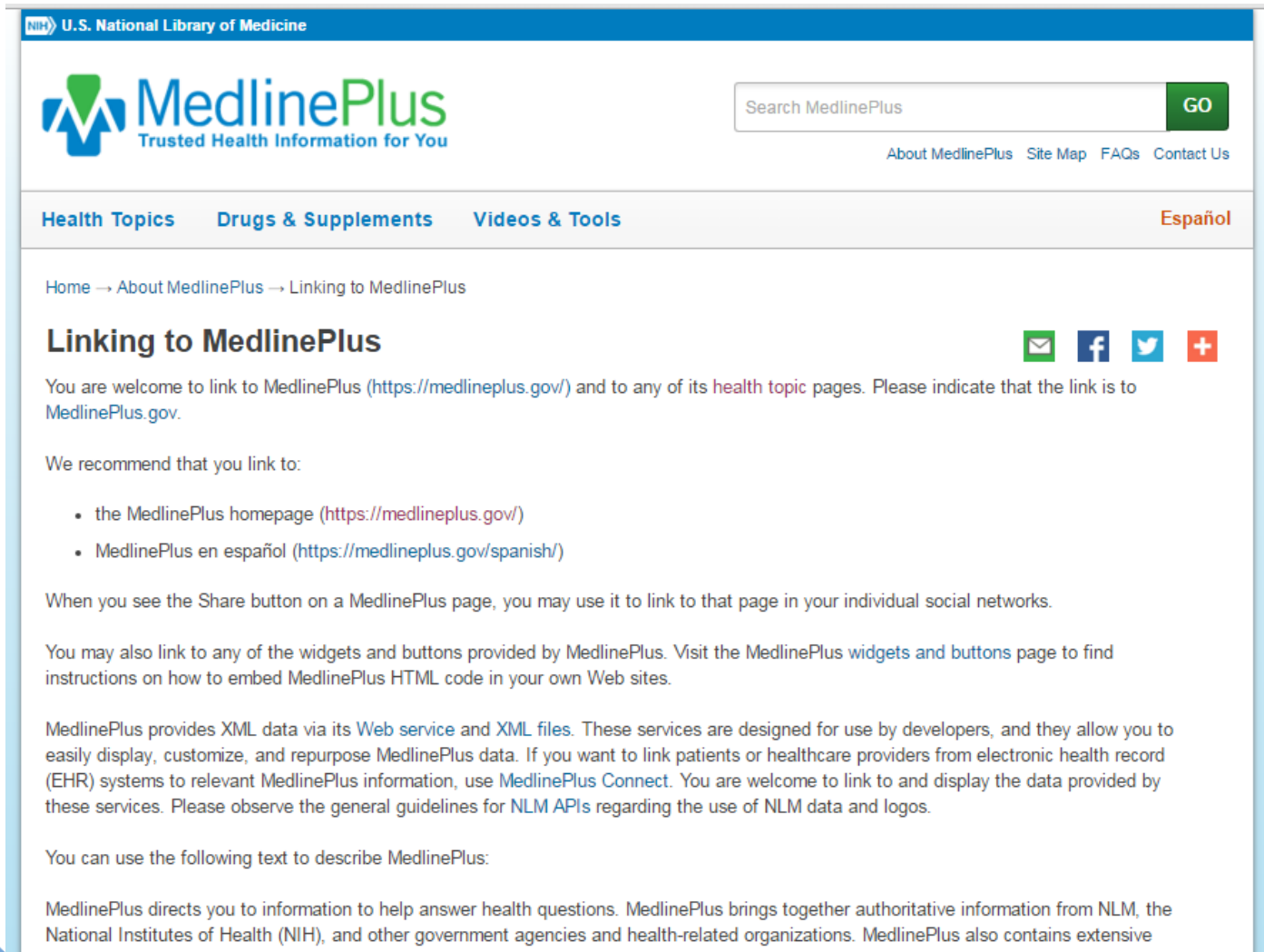
Fancy

Fashionista


fauloo

Linking to MedlinePlus

<https://www.nlm.nih.gov/medlineplus/linking.html>



NIH U.S. National Library of Medicine

 **MedlinePlus**
Trusted Health Information for You

Search MedlinePlus

[About MedlinePlus](#) [Site Map](#) [FAQs](#) [Contact Us](#)

[Health Topics](#) [Drugs & Supplements](#) [Videos & Tools](#) [Español](#)

Home → [About MedlinePlus](#) → Linking to MedlinePlus

Linking to MedlinePlus

You are welcome to link to MedlinePlus (<https://medlineplus.gov/>) and to any of its **health topic** pages. Please indicate that the link is to MedlinePlus.gov.

We recommend that you link to:

- the MedlinePlus homepage (<https://medlineplus.gov/>)
- MedlinePlus en español (<https://medlineplus.gov/spanish/>)

When you see the Share button on a MedlinePlus page, you may use it to link to that page in your individual social networks.

You may also link to any of the widgets and buttons provided by MedlinePlus. Visit the MedlinePlus [widgets and buttons](#) page to find instructions on how to embed MedlinePlus HTML code in your own Web sites.

MedlinePlus provides XML data via its [Web service](#) and [XML files](#). These services are designed for use by developers, and they allow you to easily display, customize, and repurpose MedlinePlus data. If you want to link patients or healthcare providers from electronic health record (EHR) systems to relevant MedlinePlus information, use [MedlinePlus Connect](#). You are welcome to link to and display the data provided by these services. Please observe the general guidelines for NLM APIs regarding the use of NLM data and logos.

You can use the following text to describe MedlinePlus:

MedlinePlus directs you to information to help answer health questions. MedlinePlus brings together authoritative information from NLM, the National Institutes of Health (NIH), and other government agencies and health-related organizations. MedlinePlus also contains extensive

NLM Syndication

[https://syndication.hhs.gov/storefront/
listMediaForSource/17](https://syndication.hhs.gov/storefront/listMediaForSource/17)

 **HHS SyndicationStorefront**
Department of Health and Human Services

[HOME](#) [REGISTER](#) [LOGIN](#)

HHS Syndication Storefront

The HHS Syndication Storefront allows you to syndicate (import) content from many HHS websites directly into your own website or application. These services are provided by HHS free of charge.

[Advanced Search >>](#)

Media with Source "National Library of Medicine"

NLM
🔍 **Ebola Outbreak 2014 - 2015: Information Resources**
[ebola](#) [ebolavirus](#) [disaster](#) [hemorrhagic](#) [west africa](#) [infectious](#) [viral fever](#)
This list of authoritative resources supports the medical response to the 2014-2015 Ebola

NLM
🔍 **Zika Virus Health Information Resources** [zika](#) [zika virus](#)
Authoritative information resources and health guidance about the Zika virus from governmental,

NLM - AIDSinfo
🔍 **The HIV Life Cycle** [HIV](#) [AIDS](#) [HIVAIDS](#)
An overview of the HIV life cycle. This factsheet contains information about and images depicting

NLM - AIDSinfo


What is Content Syndication?

Want to place content from HHS websites onto your own site? Syndication allows you to offer high-quality HHS content in the look and feel of your site, without the need to manually update it.

[Learn more >>](#)

Syndication API

With the HHS Syndication API, you can retrieve HHS's vast repository of public health content. An API, or Application Programming Interface, is a way for two computer applications to talk to each other in a common language that they both understand. HHS's API provides a structured way to get HHS content in a predictable, flexible and powerful format.



Health Reach

<https://healthreach.nlm.nih.gov/>

The screenshot shows the HealthReach website. At the top, there is a yellow header with the HealthReach logo (a green globe icon) and the text "HealthReach Health Information In Many Languages". To the right is the NIH logo and "U.S. National Library of Medicine". Below the header is a dark teal navigation bar with links: "Search", "A-Z Index", "Submit Your Resources", and three "A" icons for font size. Social media icons for Facebook, Twitter, Email, RSS, and a generic share icon are on the right. The main content area has a light orange background. On the left, there is a search input field, a "Search" button, a "--Select Language" dropdown, and checkboxes for "Documents", "Audio", and "Videos". On the right, there is a "What's New" section with a list of resources: "Zika Virus Fact Sheet", "Protecting Your Child from Suicide", and "Zika Animated Infographic / Zika". At the bottom left, there is a "Featured Resources" section with a photo of an elderly woman, the text "Zika resources New!", and a "View All" button. At the bottom right, there is a "Tweets" section showing a tweet from HealthReach (@NLM_HealthReach) dated 23 Jun, mentioning the website and its multilingual capabilities.

HealthReach
Health Information In Many Languages

NIH U.S. National Library of Medicine

Search A-Z Index Submit *Your* Resources A A A

Search

--Select Language

☒ Documents ☒ Audio ☒ Videos

What's New

- ✓ Zika Virus Fact Sheet (English, Amharic, Arabic, Farsi, Hindi, Nepali, Russian, Spanish, Swahili, Urdu)
- ✓ Protecting Your Child from Suicide (English, Chinese, Croatian, Haitian Creole (Kreyol), Hmong, Japanese, Korean, Portuguese, Spanish, Tagalog)
- ✓ Zika Animated Infographic / Zika

Featured Resources

✓ Zika resources **New!**

View All

Tweets Follow

HealthReach
@NLM_HealthReach
23 Jun

Excellent resource on staying healthy available in 14 languages!
healthreach.nlm.nih.gov/DocumentProper...
Expand

Specific Populations

https://www.sis.nlm.nih.gov/outreach/minority_health_outreach.html



The screenshot shows the 'Outreach Activities & Resources' website. The header includes the U.S. Department of Health & Human Services logo and the National Library of Medicine logo. The main navigation bar contains links for SIS Home, About Us, A-Z Index, SIS News, and Contact Us. A search bar is located on the right. The breadcrumb trail reads: SIS Home > Outreach Activities & Resources > Minority Health. The page title is 'Minority Health Information Outreach'. The main content area is divided into three sections: 'Outreach Projects' (listing Disaster Health, Environmental Health, Health Professionals, HIV/AIDS, Library Science, Minority and Ethnic Populations, Specific Populations, and Students/Educators), 'Resource & Tools' (listing Funding Opportunities, Training Resources, and Promotional Materials), and 'About Us' (listing Outreach & Special Populations Branch, NLM Outreach Programs, Specialized Information Services Division, and Staff Publications). The 'Specific Populations' section lists: African American, Alaska Native, American Indian, Asian American, Hawaiian/Pacific Islander, and Hispanic American. The 'Promotional Materials' section lists: Minority Health. The 'WEB RESOURCES' section lists: HHS Action Plan to Reduce Racial and Ethnic Health Disparities, MedlinePlus - Health Disparities, MedlinePlus - Population Groups, NIH Health Disparities Strategic Plan, and Office of Minority Health Resource Center. A footer note states: PDF documents can be viewed with the free Adobe® Reader. The bottom of the page mentions the National Network of Libraries of Medicine, Pacific Northwest Region.

U.S. Department of Health & Human Services

www.hhs.gov

Outreach Activities & Resources
SPECIALIZED INFORMATION SERVICES

National Library of Medicine
National Institutes of Health NLM

SIS Home | About Us | A-Z Index | SIS News | Contact Us

Search This Site

SIS Home > Outreach Activities & Resources > Minority Health

+ Share Text size: S M L XL

Minority Health Information Outreach

Outreach Projects

- Disaster Health
- Environmental Health
- Health Professionals
- HIV/AIDS
- Library Science
- Minority and Ethnic Populations
- Specific Populations
- Students/Educators

Resource & Tools

- Funding Opportunities
- Training Resources
- Promotional Materials

About Us

- Outreach & Special Populations Branch
- NLM Outreach Programs
- Specialized Information Services Division
- Staff Publications

Specific Populations

- African American
- Alaska Native
- American Indian
- Asian American
- Hawaiian/Pacific Islander
- Hispanic American

Promotional Materials

- Minority Health

WEB RESOURCES

- HHS Action Plan to Reduce Racial and Ethnic Health Disparities
- MedlinePlus - Health Disparities
- MedlinePlus - Population Groups
- NIH Health Disparities Strategic Plan
- Office of Minority Health Resource Center

PDF documents can be viewed with the free Adobe® Reader

National Network of Libraries of Medicine, Pacific Northwest Region

NIH Senior Health

http://nihseniorhealth.gov/

Skip Navigation Help Search Go

Home Health Topics A-Z Videos A-Z About Us Contact Us

NIH Senior Health

Built with You in Mind

Resize Text: A A A Change Contrast

Print Sign Up Share

Health and wellness information for older adults from the National Institutes of Health.


Health Topics by First Letter

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) | [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

Categories


- [Bones and Joints](#)
- [Cancer](#)
- [Diseases and Conditions](#)
- [Healthy Aging](#)
- [Heart and Lungs](#)
- [Memory and Mental Health](#)
- [Treatments and Therapies](#)
- [Vision and Hearing](#)
- [All Topics A-Z](#)

Featured Topic


 Bladder Health

Exercise Stories

People of all ages and physical conditions benefit from exercise and physical activity. These [exercise stories](#) feature older adults and the diverse activities they enjoy.




Free Tips on Healthy Aging

 [Sign up here for free tips on healthy aging from NIH Senior Health.](#)

Health Videos

Many of our health topics feature short videos that complement the information in the topic. The [health videos](#) offer up-to-date medical information, tips for healthy living, and inspiring stories of older adults who are coping with diseases or conditions of aging.



Training Tools

Are you interested in helping older adults learn to search online health information on their own? Browse the [Trainer's Toolkit](#) for more



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NIH Senior Health

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Resize Text: A A A Change Contrast

Print Sign Up Share

Helping Older Adults Search for Health Information Online: A Toolkit for Trainers


Welcome to the Toolkit for Trainers, a resource developed by the National Institute on Aging. Use these free, easy-to-use training materials to help older adults find reliable, up-to-date online health information on their own. The training features three websites from the National Institutes of Health — [NIH Senior Health.gov](#), [MedlinePlus.gov](#) and [Go4Life®](#). Trainers can use the toolkit with beginning and intermediate students of the Web.

Here's how to proceed:

1. Watch the introductory video to find out what the toolkit is all about.
2. Browse the lesson plans and download those that fit your students' skill levels, time limitations, and interests.
3. Check out the training tools and download tips on setting up a senior-friendly classroom, recruitment flyers, and more.


(Downloading requires free [Adobe Reader](#).)






Introductory Video


 "Introducing the Toolkit" [5 min, 43 sec]
[Click to watch this video](#)
[Transcript](#), [Video help](#)

Genetics Home Reference

<https://ghr.nlm.nih.gov/>

 U.S. NATIONAL LIBRARY OF MEDICINE





 **Genetics Home Reference**

Your Guide to Understanding Genetic Conditions

[Health Conditions](#) [Genes](#) [Chromosomes & mtDNA](#) [Resources](#) [Help Me Understand Genetics](#)


Genetics Home Reference provides consumer-friendly information about the effects of genetic variation on human health.




 **Health Conditions**


More than 1,100 health conditions, diseases, and syndromes

[Browse A-Z](#)



 **Genes**

More than 1,300 genes and the health effects of genetic



New & Updated

New

[cryptogenic cirrhosis](#)

[fibrochondrogenesis](#)

[DOLK-congenital disorder of glycosylation](#)

[Past 12 Months](#)

Updated

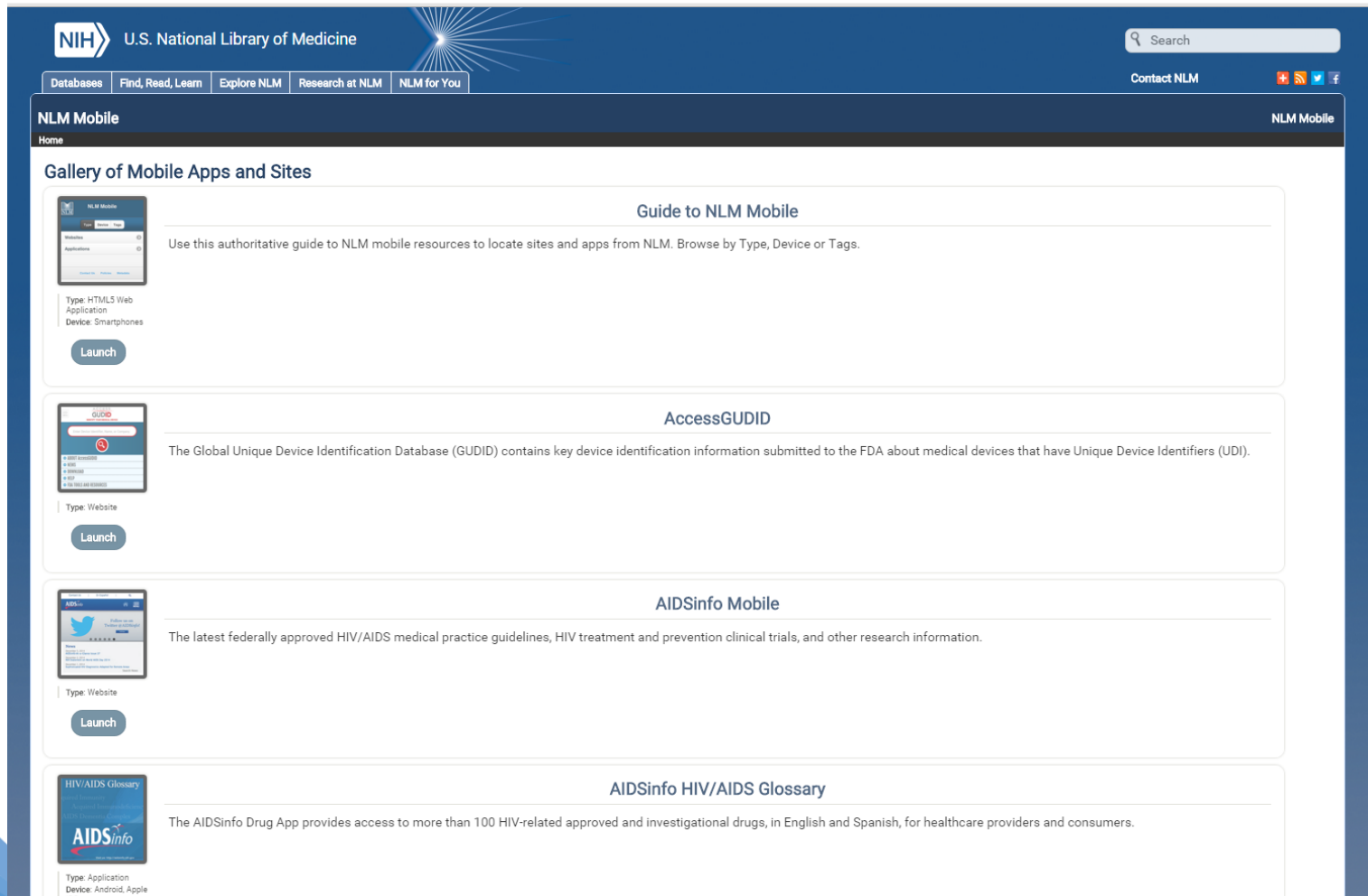
[Moebius syndrome](#)

[Poland syndrome](#)

[spondyloepiphyseal dysplasia congenita](#)

NLM Gallery of Mobile Apps and Sites

<https://www.nlm.nih.gov/mobile/>



The screenshot shows the NLM Mobile website interface. At the top is the NIH logo and "U.S. National Library of Medicine" text. Below this is a navigation bar with links: Databases, Find, Read, Learn, Explore NLM, Research at NLM, and NLM for You. A search bar and "Contact NLM" link are on the right. The main header is "NLM Mobile" with a "Home" link. The content area is titled "Gallery of Mobile Apps and Sites" and features four items:

- Guide to NLM Mobile**: A thumbnail of a mobile app interface. Description: "Use this authoritative guide to NLM mobile resources to locate sites and apps from NLM. Browse by Type, Device or Tags." Type: HTML5 Web Application. Device: Smartphones. A "Launch" button is present.
- AccessGUDID**: A thumbnail of a website interface. Description: "The Global Unique Device Identification Database (GUDID) contains key device identification information submitted to the FDA about medical devices that have Unique Device Identifiers (UDI)." Type: Website. A "Launch" button is present.
- AIDSinfo Mobile**: A thumbnail of a website interface. Description: "The latest federally approved HIV/AIDS medical practice guidelines, HIV treatment and prevention clinical trials, and other research information." Type: Website. A "Launch" button is present.
- AIDSinfo HIV/AIDS Glossary**: A thumbnail of an app interface. Description: "The AIDSinfo Drug App provides access to more than 100 HIV-related approved and investigational drugs, in English and Spanish, for healthcare providers and consumers." Type: Application. Device: Android, Apple. A "Launch" button is present.

NIH

https://www.nih.gov/

U.S. Department of Health & Human Services

NIH National Institutes of Health
Turning Discovery Into Health

Search NIH

Health Information Grants & Funding News & Events Research & Training **Institutes at NIH** About NIH

Moms' Mental Health Matters

It's not just postpartum, and it's not just depression. Know the signs of anxiety and depression around pregnancy.

Learn more »

In the News

Obesity
Information on nutrition, physical activity, and weight control.

Zika Virus Infection
Understanding the symptoms and how the virus spreads.

Suicide Prevention
Knowing the risk factors can help reduce the suicide rate.

Seasonal Allergies
Preventive strategies can decrease symptoms.

NIH at a Glance

U.S. Department of Health & Human Services

NIH National Institutes of Health
Turning Discovery Into Health

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NIH Employee Intranet Staff Directory En Español

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Home

HEALTH INFORMATION

Health Information

Health Info Lines
Health Services Locator
HealthCare.gov
NIH Clinical Research Trials and You
Community Resources
Publications List
Science Education Resources
Talking with Your Doctor
MedlinePlus Health Info

Search NIH Health Topics

obesity mental health exercise nutrition sleep allergies
diabetes blood pressure cancer cholesterol

Health Highlights

Health Benefits of Gardening
Explore how growing edible plants can be good for your health.

Tips for Happy Feet
Years of wear and tear, bad circulation, and wearing shoes that don't fit can be hard on your feet. Discover easy steps for foot care.

Dilated Eye Exams
Watch a video animation of a dilated eye exam, an important part of a check-up that lets an eye care professional view the inside of your eye.

NIH News in Health

Check out these popular recent stories from our monthly newsletter, which brings you practical health news and tips based on NIH research:

- Prevent Mosquito-Borne Illnesses
- Soothing a Sore Throat
- Red, Itchy Rash?
- Technologies Enhance Tumor Surgery
- Headache Pain
- More stories »

Subscribe to NIH News in Health

NIH Research News

April 26, 2016
Islet transplantation

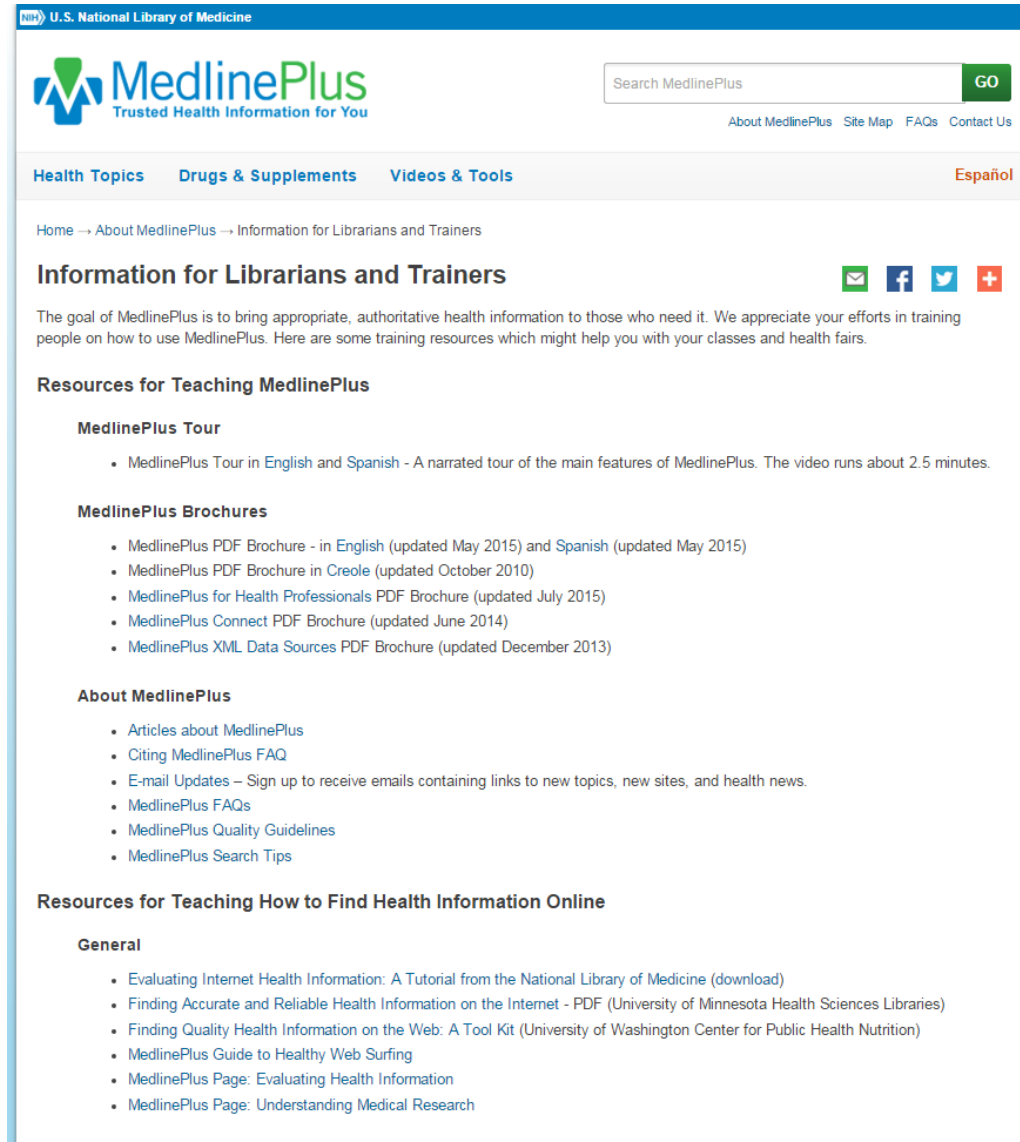
MedlinePlus Magazine

<https://www.nlm.nih.gov/medlineplus/magazine/index.html>



MedlinePlus

<https://www.nlm.nih.gov/medlineplus/training/trainers.html>



The screenshot displays the MedlinePlus website interface. At the top, the NIH U.S. National Library of Medicine logo is visible alongside the MedlinePlus logo and tagline 'Trusted Health Information for You'. A search bar with the placeholder 'Search MedlinePlus' and a 'GO' button is present. Navigation links for 'About MedlinePlus', 'Site Map', 'FAQs', and 'Contact Us' are provided. A secondary navigation bar includes 'Health Topics', 'Drugs & Supplements', 'Videos & Tools', and a link to 'Español'. The main content area is titled 'Information for Librarians and Trainers' and includes a breadcrumb trail: 'Home -> About MedlinePlus -> Information for Librarians and Trainers'. Social media icons for email, Facebook, Twitter, and a general share icon are shown. The page text states: 'The goal of MedlinePlus is to bring appropriate, authoritative health information to those who need it. We appreciate your efforts in training people on how to use MedlinePlus. Here are some training resources which might help you with your classes and health fairs.' The page is organized into sections with bulleted links: 'Resources for Teaching MedlinePlus' (including a 'MedlinePlus Tour' and 'MedlinePlus Brochures'), 'About MedlinePlus' (including 'Articles about MedlinePlus', 'Citing MedlinePlus FAQ', 'E-mail Updates', 'MedlinePlus FAQs', 'MedlinePlus Quality Guidelines', and 'MedlinePlus Search Tips'), and 'Resources for Teaching How to Find Health Information Online' (including a 'General' section with links to evaluating internet health information, finding accurate and reliable health information, finding quality health information, and a guide to healthy web surfing).

NIH U.S. National Library of Medicine

MedlinePlus
Trusted Health Information for You

Search MedlinePlus **GO**

[About MedlinePlus](#) [Site Map](#) [FAQs](#) [Contact Us](#)

[Health Topics](#) [Drugs & Supplements](#) [Videos & Tools](#) [Español](#)

Home -> About MedlinePlus -> Information for Librarians and Trainers

Information for Librarians and Trainers

The goal of MedlinePlus is to bring appropriate, authoritative health information to those who need it. We appreciate your efforts in training people on how to use MedlinePlus. Here are some training resources which might help you with your classes and health fairs.

Resources for Teaching MedlinePlus

MedlinePlus Tour

- [MedlinePlus Tour in English and Spanish](#) - A narrated tour of the main features of MedlinePlus. The video runs about 2.5 minutes.

MedlinePlus Brochures

- [MedlinePlus PDF Brochure](#) - in English (updated May 2015) and [Spanish](#) (updated May 2015)
- [MedlinePlus PDF Brochure in Creole](#) (updated October 2010)
- [MedlinePlus for Health Professionals PDF Brochure](#) (updated July 2015)
- [MedlinePlus Connect PDF Brochure](#) (updated June 2014)
- [MedlinePlus XML Data Sources PDF Brochure](#) (updated December 2013)

About MedlinePlus

- [Articles about MedlinePlus](#)
- [Citing MedlinePlus FAQ](#)
- [E-mail Updates](#) – Sign up to receive emails containing links to new topics, new sites, and health news.
- [MedlinePlus FAQs](#)
- [MedlinePlus Quality Guidelines](#)
- [MedlinePlus Search Tips](#)

Resources for Teaching How to Find Health Information Online

General

- [Evaluating Internet Health Information: A Tutorial from the National Library of Medicine](#) (download)
- [Finding Accurate and Reliable Health Information on the Internet](#) - PDF (University of Minnesota Health Sciences Libraries)
- [Finding Quality Health Information on the Web: A Tool Kit](#) (University of Washington Center for Public Health Nutrition)
- [MedlinePlus Guide to Healthy Web Surfing](#)
- [MedlinePlus Page: Evaluating Health Information](#)
- [MedlinePlus Page: Understanding Medical Research](#)

Consumer Health Tips

<https://nnlm.gov/outreach/consumer/ethics.html>



NATIONAL NETWORK OF
Libraries of Medicine

Google™ Custom Search

Search

Home Member Services » Provide Outreach » Resource Sharing & Document Delivery » Health Information on the Web Funding » Training & Educational Opportunities »

Related Pages

- » [Provide Outreach](#)
- » [Consumer Health Outreach Resources](#)
- » [Health Concerns Around Low Income Issues](#)
- » [Public Libraries and Communities](#)

The Consumer Health Reference Interview and Ethical Issues

Finding quality health information is not always an easy process. Consumers often need assistance in locating appropriate resources to answer information requests. Librarians and library staff may face some important challenges during the health reference interview, the initial point of interaction between the consumer and the staff member. Consumers often consult other sources before coming to the library. For example, consumers may hear or read about health topics in the news, and they often discuss health concerns with family members or friends. They often search the Internet for health information and find varying degrees of quality. The library may actually be considered a "last resort" for some people searching for health information.

Note: When the term 'librarian' appears below, the intended meaning includes all library staff members who provide reference and information services.

The Consumer Health Reference Interview

Consumer health questions present special challenges to the reference interview process:

- Consumers may have incomplete information about their health condition, or they are unfamiliar with medical terminology.
- The information needed may be about a sensitive health issue, such as a mental health or sexual health condition. Stigma about the health condition may prevent the consumer from even approaching a staff member.
- The health concerns may be serious, life-altering, or life-endangering. In addition, the patron may be nervous, embarrassed, upset, and emotional. Often the individual or their loved one has been newly diagnosed with a condition.
- Consumers may have unreasonable expectations about the information available. For instance, they may want an easy-to-read source that clearly explains their unique medical condition. They might want a straightforward answer to a complex medical question so that they can make clear-cut decisions about their medical treatment. In reality, this kind of information may be difficult or impossible to find.
- Consumers may be concerned about confidentiality, anonymity, and security, especially about personal health information transmitted electronically. They may have concerns about the confidentiality of information they send via e-mail or a website.
- Consumers may be confused about the role of the library staff. They might assume that the librarian can advise them on making health care decisions.
- Library staff may be afraid of providing the wrong answer to the health information question.

Evaluating Health Websites

<https://nnlm.gov/outreach/consumer/evalsite.html>



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[Provide Outreach »](#)

[Resource Sharing & Document Delivery »](#)

[Health Information on the Web](#)

[Funding »](#)

[Training & Educational Opportunities »](#)

Related Pages

- [» Provide Outreach](#)
- [» Consumer Health Outreach Resources](#)
- [» Health Concerns Around Low Income Issues](#)
- [» Public Libraries and Communities](#)

Evaluating Health Websites

Content on the Internet is unregulated; anyone can publish anything on the Internet. There is sound medical information on the Internet along with dangerous information. You need to be able to tell the difference.

Ask yourself the following:

- Why did the person create the page?
- What's in it for them?
- Are they trying to sell me something?

Criteria for evaluating information from the web:

Accuracy

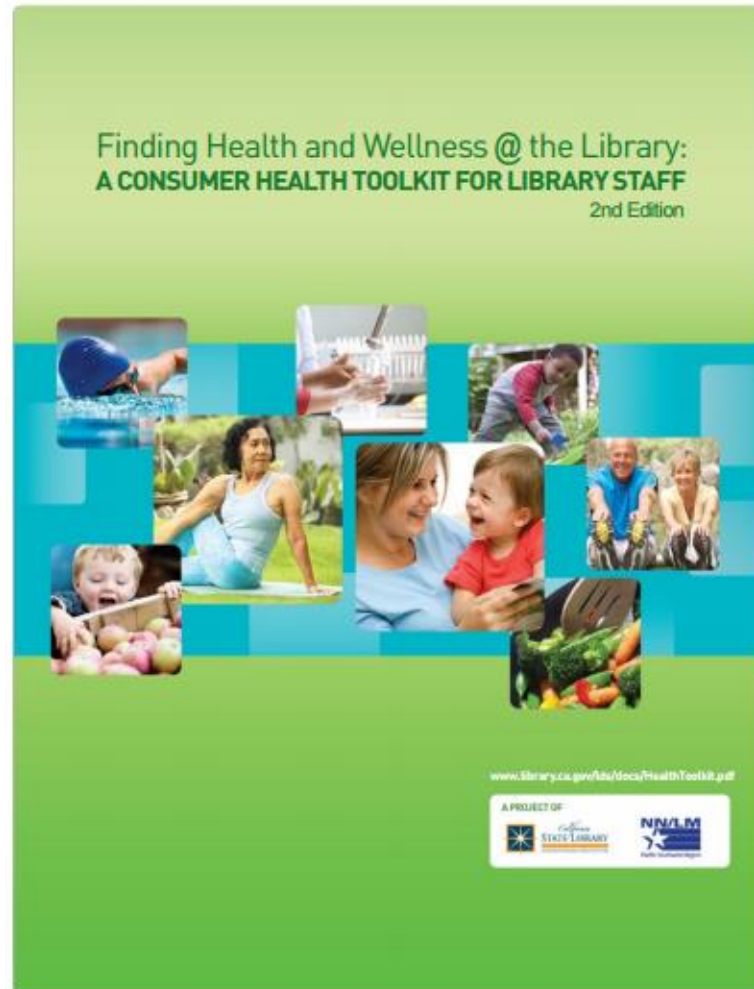
- Is the information based on sound medical research? Can the information on the web page be verified by another source?
- Are the sources cited reliable?
- Are there grammatical and spelling errors?
- Are there footnotes, bibliographies, or references so that you can verify the information? Are these reliable? (a citation to *Parade* magazine does not have the same weight as an article from *JAMA*)

Authority

- Who published the page? What are the person's credentials? What do you know about them?
- Is the person backed by a known organization? (the American Association for Cancer Therapy may be a made-up name for something operating out of someone's basement.)
- Is the person affiliated with a university? If so, is the person a student or a faculty member?
- Can you easily find contact information on the web page? Check the about us link, usually found at the beginning or the end of a webpage.


Consumer Health Toolkit

<http://www.library.ca.gov/lds/docs/healthtoolkit.pdf>




Consumer Health Information Specialization

<http://www.mlanet.org/p/cm/ld/fid=329>




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ASSOCIATION

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Make a smarter connection
Start your **FREE TRIAL** today



The
Medical
Letter

Login | Request Login

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Professional Development

General Information

Professional Competencies

Continuing Education (CE) +

AHIP Credentialing

Specializations +

Mentoring

Research Imperative

Rising Stars Leadership

Grants and Scholarships

Career Center

For Educators (Clearinghouse) +

Consumer Health Information Specialization

The Consumer Health Information Specialization (CHIS) will help you keep current in the consumer health information field and obtain an additional, recognized level of expertise. MLA hours earned through the CHIS program may be used for credit in MLA's [Academy of Health Information Professionals](#).

CHIS can help advance the careers of:

- medical librarians
- public librarians
- librarians working in consumer health libraries
- allied health professionals

See a list of current [CHIS recipients](#).

Levels and Requirements

Whether you desire a basic familiarity with consumer health information resources want additional training, MLA has a level for you.

National Network of Libraries of Medicine, Pacific Northwest Region

Drug and Supplement Information



MedlinePlus

[About MedlinePlus](#) [Site Map](#) [Feedback](#)[Health Topics](#) [Drugs & Supplements](#) [Videos & Tools](#)[Home](#) → [Drugs, Herbs and Supplements](#)

Drugs, Herbs and Supplements

Drugs

Learn about your prescription drugs and over-the-counter medicines. Includes side effects, dosage, special precautions, and more.

Browse by generic or brand name:

A B C D E F G H I J K L M N O P Q R S T
U V W X Y Z 0-9

For FDA approved labels included in drug packages, see [DailyMed](#).

Herbs and Supplements

Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

All herbs and supplements

Prescription and over-the-counter medication information is from AHFS® Consumer Medication Information, copyrighted by the American Society of Health-System Pharmacists (ASHP), Inc., Bethesda, Maryland; Copyright © 2016. All Rights Reserved.



Related Topics

- [HIV/AIDS Medicines](#)
- [Antibiotics](#)
- [Antidepressants](#)
- [Blood Pressure Medicines](#)
- [Blood Thinners](#)
- [Cancer Alternative Therapies](#)
- [Cancer Chemotherapy](#)
- [Cold and Cough Medicines](#)

NIH U.S. National Library of Medicine



GO

[About MedlinePlus](#) [Site Map](#) [FAQs](#) [Contact Us](#)[Health Topics](#) [Drugs & Supplements](#) [Videos & Tools](#)[Español](#)[Home](#) → [Drugs, Herbs and Supplements](#) → [Sertraline](#)

Sertraline

pronounced as (ser' tra leen)



Why is this medication prescribed?

How should this medicine be used?

Other uses for this medicine

What special precautions should I follow?

What special dietary instructions should I follow?

What should I do if I forget a dose?

What side effects can this medication cause?

What should I know about storage and disposal of this medication?

In case of emergency/overdose

What other information should I know?

Brand names

IMPORTANT WARNING:

A small number of children, teenagers, and young adults (up to 24 years of age) who took antidepressants ('mood elevators') such as sertraline during clinical studies became suicidal (thinking about harming or killing oneself or planning or trying to do so). Children, teenagers, and young adults who take antidepressants to treat depression or other mental illnesses may be more likely to become suicidal than children, teenagers, and young adults who do not take antidepressants to treat these conditions. However, experts are not sure about how great this risk is and how much it should be considered in deciding whether a child or teenager should take an antidepressant.

You should know that your mental health may change in unexpected ways when you take sertraline or other antidepressants even if you are an adult over 24 years of age. You may become suicidal, especially at the beginning of your treatment and any time that your dose is increased or decreased. You, your family, or your caregiver should call your doctor right away if you experience any of the following symptoms: new or worsening depression; thinking about harming or killing yourself, or planning or trying to do so; extreme worry; agitation; panic attacks; difficulty falling asleep or staying asleep; aggressive behavior; irritability; acting without thinking; severe restlessness; and frenzied abnormal excitement. Be sure that your family or caregiver knows which symptoms may be serious so they can call the doctor if you are unable to seek treatment on your own.

Your healthcare provider will want to see you often while you are taking sertraline, especially at the beginning of your treatment. Be sure to keep all appointments for office visits with your doctor.

The doctor or pharmacist will give you the manufacturer's patient information sheet (Medication Guide) when you begin treatment with sertraline. Read the information carefully and ask your doctor or pharmacist if you have any questions. You also can obtain the Medication Guide from the FDA website: <http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/UCM096273>.

No matter what your age, before you take an antidepressant, you, your parent, or your caregiver should talk to your doctor about the risks and benefits of treating your condition with an antidepressant or with other treatments. You should also talk about the risks and benefits of not treating your condition. You should know that having depression or another mental illness greatly increases the risk that you will become suicidal. This risk is higher if you or anyone in your family has or has ever had bipolar disorder (mood that changes from depressed to extremely excited) or mania (feeling extremely excited and has thoughts about or attempts at suicide). Talk to your doctor about your

NLM Drug Resources

Pillbox rapid identification, reliable information

United States
National Library of Medicine
National Institutes of Health

HomeAboutFAQDeveloperContact Us

Identify or Search for a Pill

Imprint:
☐ Pill does not have an imprint.

Drug Name or Ingredient(s):

Shape:

Inactive Ingredient(s):
☐ Find pills WITHOUT this ingredient.

Color:

Label Author:

Size:

DEA Schedule:

Score: ☒ Unknown ☐ 1 ☐ 2 ☐ 3 ☐ 4

Product Code:

☒ Do not search repackaged and relabeled medications.

SearchClear

Discover

There's more to a pill than how it looks. What's inside the pill other than the drug? Is it a controlled substance?

Connect

Learn more than the pill's name. Pillbox links you to the drug label, clinical trials, breastfeeding safety, and more.

Explore



Pillbox's image explorer is a photo album for pills. Sort by color, shape, size, scoring, and the text printed on the pill.

(requires Adobe Flash and will not run on some mobile devices)

Nat'l Library of MedicineNat'l Institutes of HealthU.S. Dept. of Health & Human ServicesCopyrightAccessibility

United States
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National Institutes of Health

Drug Information Portal
Quick Access to Quality Drug Information

HomeNews and FeaturesNLM ResourcesNLM Research ResourcesResources by Audience / ClassOther Resources

Mobile Site

Search

DRUG INFORMATION PORTAL

Information available for 63,203 drugs.

☒ By Name ☐ By Category

Go

► Show examples.

► Show drug category descriptions.

► Show top "By Name" searches (previous seven days).

► Show top "By Category" searches (previous seven days).

► Show top dispensed prescriptions in the US Market, 2010.

► Show common drug names list.

► Show category names list.

► Show generic name stems list.

► Show list of resources searched.

Site Map, Contact Us, Copyright, Privacy, Accessibility
U.S. National Library of Medicine, 8600 Rockville Pike, Bethesda, MD 20894
National Institutes of Health, Health & Human Services
Freedom of Information Act
Drug Information Portal Mobile Site
Last updated: Mar 2016

USA.gov

[Pillbox website:](http://pillbox.nlm.nih.gov/pillimage/search.php)


<http://pillbox.nlm.nih.gov/pillimage/search.php>

[Drug Information Portal website:](http://druginfo.nlm.nih.gov/drugportal/drugportal.jsp)

<http://druginfo.nlm.nih.gov/drugportal/drugportal.jsp>

LactMed

<http://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm>


 U.S. National Library of Medicine

TOXNET TOXICOLOGY DATA NETWORK

Mobile | Help | FAQs | TOXNET Fact Sheet | Training Manual & Schedule

TOXNET Home > LactMed

Share

 **LactMed**
A TOXNET DATABASE

Drugs and Lactation Database (LactMed)


SEARCH LACTMED BROWSE LACTMED ADVANCED SEARCH

Search Term Records with ☒ Include Synonyms and CAS Numbers in Search

About LactMed

What is LactMed?
The LactMed® database contains information on drugs and other chemicals to which breastfeeding mothers may be exposed. It includes information on the levels of such substances in breast milk and infant blood, and the possible adverse effects in the nursing infant. Suggested therapeutic alternatives to those drugs are provided, where appropriate. All data are derived from the scientific literature and fully referenced. A peer review panel reviews the data to assure scientific validity and currency.

Did you know

 **How do I lease/license the TOXNET databases?**

The following TOXNET databases are available for lease: ChemIDplus, DIRLINE, CCRIS, GENE-TOX, HSDB, and TOXLINE.

For further information visit [Leasing Data from the National Library of Medicine](#).

[More FAQs](#)

Support


Resources
[LactMed App](#)
[LactMed Record Format](#)
[Database Creation & Peer Review Process](#)
[Help](#)
[Fact Sheet](#)
[Sample Record](#)
[TOXNET FAQ](#)
[Glossary](#)
[About Dietary Supplements](#)
[Breastfeeding Links](#)
[Get LactMed Widget](#)

Contact Us
Email: tehip@tehl.nlm.nih.gov
Telephone: (301) 496-1131
Fax: (301) 480-3537

Environmental

Drug and Supplement Resources

<https://www.nlm.nih.gov/learn-about-drugs.html>


 U.S. National Library of Medicine

Search

[Databases](#) [Find, Read, Learn](#) [Explore NLM](#) [Research at NLM](#) [NLM for You](#) [Contact NLM](#)

[Home](#) > [Drug Information](#)

Drug Information from the National Library of Medicine




[Drug Information Portal](#)

The Portal provides users a comprehensive gateway to information on over 53,000 substances (over 200,000 unique searchable drug names and their synonyms) not only from NLM but also from other U.S. government agencies. It covers drugs from the time they are entered into clinical trials through their entry into the U.S. marketplace. The Drug Portal touches on all related information resources at NLM to provide for a comprehensive view. It is intended as a "middle ground" resource which includes information for the consumer, health professionals, and researchers.




[Drugs, Herbs and Supplements](#)

Learn about your prescription drugs and over-the-counter medicines from MedlinePlus, the National Institutes of Health's Web site for patients and their families and friends. Read about side effects, dosage, special precautions, and more. Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.




[Pillbox](#)

Developed to aid in the identification of unknown solid dosage pharmaceuticals, Pillbox combines high-resolution images of tablets and capsules with appearance information (imprint, shape, color, etc.). It enables users to identify solid dosage forms based on physical criteria: imprint (characters or number printed on a medication), shape, color, size, and scoring. Users are shown thumbnail images of possible matches. These images are continually updated as the user enters additional information. Pillbox is designed for use by emergency physicians, first responders, other health care providers, Poison Control Center staff, and concerned citizens.



[DailyMed](#)

DailyMed provides information about marketed drugs, including FDA labels (package inserts). It provides health information providers and the public with a standard, comprehensive, up-to-date, look-up and download resource of medication content and labeling as found in medication package inserts.



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National Center for Complementary and Integrative Health

<https://nccih.nih.gov/>



NIH...Turning Discovery Into Health

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Health

All Health Topics from A-Z

Research-based info from acupuncture to zinc.

Complementary, Alternative, or Integrative Health

What do these terms mean?

Be Informed

Learn how to make wise health decisions.

Herbs at a Glance

Uses and side effects of herbs and botanicals.

How To Find a Practitioner

Information on seeking treatment.

Information for Health Care Providers

Evidence-based medicine, continuing education, clinical practice guidelines, and more.

Featured Health Topics

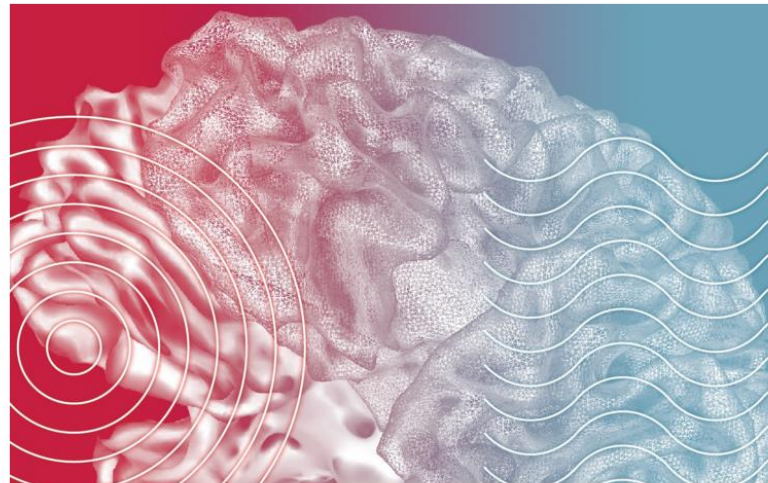
Seasonal Allergies (March 2016)

Menopausal Symptoms (February 2016)

Stress (January 2016)

News

Blog Posts



Pain Research

NCCIH sponsors and conducts pain research to learn about nonpharmacologic approaches to pain management.

Learn more about our research and find information for consumers.



Pain Research



Seasonal Allergies



Cardiovascular Health

Education, Research & Clinical Practice

K-12,
Higher Education,
Researchers, and
Biomedical Professionals



Specialized Information Services (SIS) K-12 Science and Health Education

<https://sis.nlm.nih.gov/>

The screenshot shows the homepage of the Specialized Information Services (SIS) website. At the top, there is a header with the U.S. Department of Health & Human Services logo and the URL www.hhs.gov. Below this, a green banner displays the SIS logo and the text "Specialized Information Services". To the right of the banner is the National Library of Medicine logo. A navigation bar below the banner contains links for SIS HOME, ABOUT US, A-Z INDEX, SIS NEWS, and CONTACT US. The main content area features a search bar with the word "search" in a large, light green font. To the right of the search bar is a box for the "AIDS Treatment Guidelines App" with a description: "Federally approved medical practice guidelines. For iOS and Android." Below the search bar, a horizontal line separates the header from the main content. Underneath, a row of six topic cards is displayed. The first card is "Environmental Health & Toxicology" with an image of laboratory glassware. The second is "Chemical and Drug Information" with a molecular structure image. The third is "HIV/AIDS" with a red ribbon image. The fourth is "Outreach Activities & Resources" with an image of hands holding a globe. The fifth is "Disaster Information Management Research Center" with a satellite image of a hurricane. The sixth is "K-12 Science and Health Education" with an image of hands using a tablet. The "K-12 Science and Health Education" card is highlighted with a red border. The text on the "K-12 Science and Health Education" card reads: "Free, reliable resources to help introduce, reinforce, and supplement education programs".

U.S. Department of Health & Human Services

www.hhs.gov

SIS Specialized Information Services

National Library of Medicine
National Institutes of Health NLM

SIS HOME ABOUT US A-Z INDEX SIS NEWS CONTACT US

search

A-Z Index

AIDSinfo

AIDS Treatment Guidelines App
Federally approved medical practice guidelines. For iOS and Android.

TOXICOLOGY, ENVIRONMENTAL HEALTH, CHEMISTRY, HIV/AIDS, DISASTER HEALTH, AND TOPICS RELEVANT TO SPECIFIC POPULATIONS

Environmental Health & Toxicology
Databases and other resources related to toxicology and environmental health
Features TOXNET

Chemical and Drug Information
Resources about chemical names/structures and drugs
Features ChemIDplus: Lite and Advanced

HIV/AIDS
Journal literature, clinical trials and treatment information, meeting abstracts, and related resources

Outreach Activities & Resources
Programs and resources for K-12 science education, minority and other specific populations

Disaster Information Management Research Center
Information resources and tools for disaster preparedness, response and recovery

K-12 Science and Health Education
Free, reliable resources to help introduce, reinforce, and supplement education programs

K-12 Science and Health Education

<https://sis.nlm.nih.gov/outreach/k12.html>



The screenshot shows the 'K-12 Science and Health Education' page on the NLM Outreach Activities & Resources website. The page has a dark blue header with the NLM logo and the text 'U.S. Department of Health & Human Services' and 'www.hhs.gov'. Below the header is a navigation bar with links: 'SIS Home', 'About Us', 'A-Z Index', 'SIS News', and 'Contact Us'. A search bar is also present. The main content area is titled 'K-12 Science and Health Education' and includes a description: 'Working with teachers and scientific experts to provide FREE reliable resources to help introduce, reinforce, and supplement education programs.' Below this is a list of resources: 'Get the latest news!', 'Biology', 'Careers', 'Environmental Health Science/Chemistry', 'Forensics and Medical Technology', 'Games', 'General Health', and 'Genetics'. A sidebar on the left contains links for 'Outreach Projects', 'Resource & Tools', 'About Us', and 'Announcements'. The footer includes a 'Connect with NLM' button and the text 'National Network of Libraries of Medicine, Pacific Northwest Region'.

U.S. Department of Health & Human Services
www.hhs.gov

Outreach Activities & Resources
SPECIALIZED INFORMATION SERVICES

National Library of Medicine
National Institutes of Health
NLM

SIS Home | About Us | A-Z Index | SIS News | Contact Us

Search This Site

SIS Home > Outreach Activities & Resources > Students and Educators

Share Text size: S M L XL Expand/Collapse

Outreach Projects
Disaster Health
Environmental Health
Health Professionals
HIV/AIDS
Library Science
Minority and Ethnic Populations
Specific Populations
Students/Educators

Resource & Tools
Funding Opportunities
Training Resources
Promotional Materials

About Us
Outreach & Special Populations Branch
NLM Outreach Programs
Specialized Information Services Division
Staff Publications

Announcements
New lesson plans added to the K-12 Science and Education page

K-12 Science and Health Education

Working with teachers and scientific experts to provide FREE reliable resources to help introduce, reinforce, and supplement education programs.

Get the latest news!

Biology

Careers

Environmental Health Science/Chemistry

Forensics and Medical Technology

Games

General Health

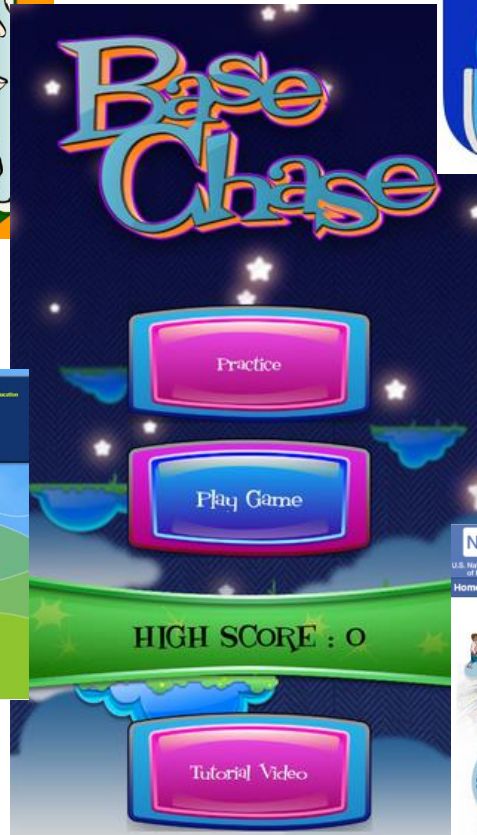
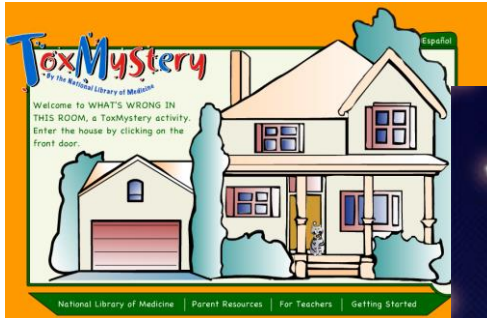
Genetics

Connect with NLM

National Network of Libraries of Medicine, Pacific Northwest Region

Educational Games

<https://sis.nlm.nih.gov/outreach/k12.html>



Learn about exposure to lead in drinking water.

Know the facts about exposure to methane, a primary component of natural gas.

Visit the Storms and Floods page to learn about preparation and clean-up efforts after storms, hurricanes, and tornadoes.

ToxTown After School Club

https://toxtown.nlm.nih.gov/text_version/teachers.php?id=2



Unit 1: Water Quality

Unit 2: Air Quality

Unit 3: Chemicals in Your Home

Unit 4: Food Safety

Unit 5: Runoff, Impervious Surfaces, and Smart Development

Unit 6: The Great Debate: Bottled Water vs. Tap Water in Our Schools

Environmental Health Student Portal

<http://kidsenvirohealth.nlm.nih.gov/>



National Library of Medicine

Environmental Health Student Portal

Connecting Middle School Students to Environmental Health Information

Home

Air Pollution

Chemicals

Climate Change

Water Pollution

Videos

Games

Experiments

For Teachers



Search

Go



Print this Page

What is Environmental Health ?

Environmental Health is the interrelationship between human health and the environment, either natural or manmade.

[Learn More](#)



Interested in a trailer of our animations about characteristics, uses, and health effects of hazardous chemicals? **Please, click here to preview.**



Air Pollution



Chemicals



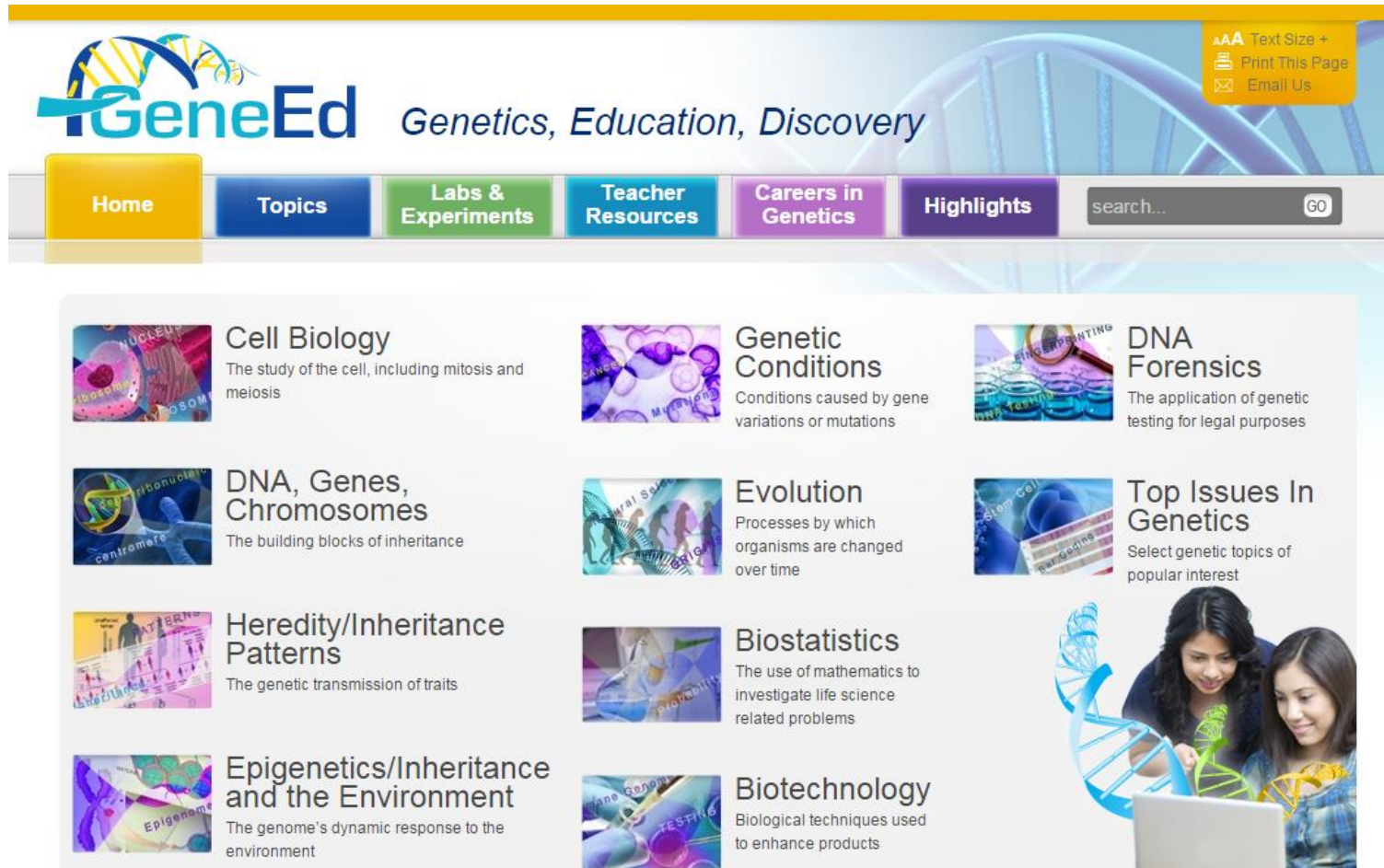
Climate Change



Water Pollution

GeneEd

<https://geneed.nlm.nih.gov/>



The image shows the GeneEd website interface. At the top, there is a yellow banner with the GeneEd logo (a stylized DNA helix) and the tagline "Genetics, Education, Discovery". To the right of the logo, there are links for "Text Size +", "Print This Page", and "Email Us". Below the banner is a navigation bar with buttons for "Home", "Topics", "Labs & Experiments", "Teacher Resources", "Careers in Genetics", and "Highlights". A search bar is located on the right side of the navigation bar. The main content area is divided into a grid of topic cards. Each card features a small image, a title, and a brief description. The topics include Cell Biology, Genetic Conditions, DNA Forensics, DNA, Genes, Chromosomes, Evolution, Top Issues In Genetics, Heredity/Inheritance Patterns, Biostatistics, Epigenetics/Inheritance and the Environment, and Biotechnology. A large image of two students looking at a laptop with a DNA helix overlay is positioned on the right side of the main content area.

GeneEd *Genetics, Education, Discovery*

Text Size +
Print This Page
Email Us

Home Topics Labs & Experiments Teacher Resources Careers in Genetics Highlights

search... GO

Cell Biology
The study of the cell, including mitosis and meiosis

Genetic Conditions
Conditions caused by gene variations or mutations

DNA Forensics
The application of genetic testing for legal purposes

DNA, Genes, Chromosomes
The building blocks of inheritance

Evolution
Processes by which organisms are changed over time

Top Issues In Genetics
Select genetic topics of popular interest

Heredity/Inheritance Patterns
The genetic transmission of traits




Biostatistics
The use of mathematics to investigate life science related problems

Epigenetics/Inheritance and the Environment
The genome's dynamic response to the environment

Biotechnology
Biological techniques used to enhance products

NCBI Bookshelf


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New & Updated




Diabetes Medications for Adults With Type 2 Diabetes: An Update [Internet]. Comparative Effectiveness Reviews, No. 173. Bolen S, Tseng E, Hutfless S, et al. Rockville (MD): Agency for Healthcare Research and Quality (US); 2016 Apr.




Refinements to the Methods for Developing Spacecraft Exposure Guidelines.

Featured Titles



Human Herpesviruses: Biology, Therapy, and Immunoprophylaxis. Arvin A, Campadelli-Fiume G, Mocarski E, et al., editors. Cambridge: Cambridge University Press; 2007.



Lessons Learned from the Fukushima Nuclear Accident for Improving Safety of U.S. Nuclear Plants.

More Information

- [NLM Literature Archive](#)
- [Open Access Subset](#)
- [Librarians](#)

Household Products Database

<https://householdproducts.nlm.nih.gov/>



U.S. Department of Health & Human Services



www.hhs.gov



Household Products Database
Health & Safety Information on Household Products



National Institutes of Health
National Library of Medicine
Specialized Information Services



NLM

[Home](#) | [Products](#) | [Manufacturers](#) | [Ingredients](#) | [Health Effects](#)

Quick Search

Go

Product, Manufacturer etc...

Advanced Search ▶

Browse by Category

- Auto Products
- Inside the Home
- Pesticides
- Landscape/Yard
- Personal Care
- Home Maintenance
- Arts & Crafts
- Pet Care
- Home Office
- Commercial / Institutional

Browse A-Z

- Product Names
- Types of Products
- Manufacturers
- Ingredients

Support

- About the Database
- FAQ
- Product Recalls
- Help

What's under your kitchen sink, in your garage, in your bathroom, and on the shelves in your laundry room? Learn more about what's in these products, about potential health effects, and about safety and handling.



Auto Products

Brake Fluid, De-icer, Lubricant, Sealant, and more...



Inside the Home

Air Freshener, Bleach, Cleaners, Toilet Bowl Cleaner, and more...



Pesticides

Animal Repellent, Fungicide, Herbicide, Insecticide, and more...



Landscape/Yard

Fertilizer, Lawn Care, Swimming Pool Products, and more...



Personal Care

Antiperspirant, Hair Spray, Makeup, Shampoo, Soap and more...



Home Maintenance

Caulk, Grout, Insulation, Paint, Putty, Stain, and more...



Arts & Crafts

Adhesive, Glaze, Glue, Primer, Varnish, and more...



Pet Care

Flea & Tick Control, Litter, Stain/Odor Remover, and more...



Home Office

Ink, Toner, Correction Fluid, Electronics Cleaners, Pens and more...

For advice if someone is poisoned, call your local Poison Center at 1-800-222-1222.

[Home](#) | [Products](#) | [Manufacturers](#) | [Ingredients](#) | [Health Effects](#)

NIH

https://www.nih.gov/

NIH National Human Genome Research Institute
Advancing human health through genomics research

SEARCH GENOME.GOV

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Education

Educational materials about genetics and genomics

GENOME Smithsonian NHGRI Genome Exhibition
All About The Human Genome Project
Talking Glossary of Genetic Terms
Genomic Careers
National DNA Day April 25, 2016
Genetic Education Resources for
Online Genetic Education Resources
Fact Sheets
U.S. Department of Health & Human Services | National Institutes of Health

Feature

NHGRI & ASHG seek education fellowship applicants

NHGRI and the American Society of Human Genetics (ASHG) are now accepting applications for the 2016 Genetics & Education Fellowship. The application period is now open until April 25, 2016. See: [The Genetics & Education Fellowship](#)

LabGenius: The next step toward a digital laboratory

The HHS Ignite Accelerator program, inspired by Silicon Valley start-up methods, nurtures innovative ideas that might improve government operations. Now this seed funding and mentorship program could help create a digital "LabGenius" and, according to NIH Director Francis Collins, "has the potential to streamline our labs ... which could have a big impact." [Read more](#)

Highlights

National DNA DAY 25
APRIL 25

The National Human Genome Research Institute will mark its fourteenth annual National DNA Day by organizing a nationwide network of educational events for students, teachers and health professionals. Celebrated on April 25th every year, National DNA Day aims to educate people about important scientific advances in genomics and how those advances may impact their lives. National DNA Day commemorates the successful completion of the Human Genome Project in 2003 and the discovery of DNA's double helix in 1953. [Read more](#)

Student and Teacher Educational Resources from *Genome: Unlocking Life's Code*

The NHGRI/Smithsonian traveling exhibit, *Genome: Unlocking Life's Code*, has developed a wealth of educational digital assets for both students and teachers. Visit the *Genome: Unlocking Life's Code* website.

See Also

Education and Community
GenomeTV
Genome Advance of the Month
Education Archive

On Other Sites:

Genome: *Unlocking Life's Code*
Visit the website for the NHGRI Exhibition *Genome: Unlocking Life's Code*

GenomeTV
NHGRI's YouTube Channel

Teach Genetics | Learn Gen
At the Genetic Science Learning Center

Genetics Education & Outreach
At The American Society of Human Genetics

En Español:

Glosario hablando de términos
Multimedia glosario de términos
Ilustraciones descargables.

En Español

NIH National Institute of Biomedical Imaging and Bioengineering
Creating Biomedical Technologies to Improve Health

HOME | RESEARCH FUNDING | LABS AT NIBIB | TRAINING & CAREERS

Home » Science Education

SCIENCE EDUCATION

NIBIB's science education page is meant to be a resource for students, parents, teachers, and health professionals. Here, you'll find answers to commonly asked questions about imaging and bioengineering. You'll also find links to website science education and encourage scientific discovery.

The Bionic Man

Interactive Click & Learn

Visually explore some of the latest bioengineering creations from NIBIB-funded research. From prosthetics to artificial kidneys, these technologies are changing lives now and in the future.

NIH National Institute on Drug Abuse
The Science of Drug Abuse & Addiction

SEARCH

Connect with NIDA: [Google+](#) [Facebook](#) [Twitter](#) [YouTube](#) [LinkedIn](#) [RSS](#)

Drugs of Abuse | Related Topics | Publications | Funding | News & Events | About NIDA

Home » Parents & Educators

Parents & Educators

DRUGS & ALCOHOL CHAT DAY
2016 Chat Day Transcript Online!

1 2 3 4

In This Section

Find the latest science-based information about the health effects and consequences of drug abuse and addiction and resources for talking with kids about the impact of drug use on health.

[easyread.drugabuse.gov](#)
Easy-to-Read Drug Facts

Is It Time to Talk to Your Teen About Drug Use?

FAMILY CHECKUP
POSITIVE PARENTING PREVENTS DRUG ABUSE
National Institute on Drug Abuse
Share This Badge

HHS.gov

Free Classroom Materials for 6th-12th Grades

- NIDA for Teachers**
 - Lesson Plan and Activity Finder: search for classroom lessons that meet national standards by drug topic. Includes NIDA funded grant-created science curriculums, Scholastic, Brain Power, Mind Over Matter Series, and More!
- National Drug & Alcohol Facts Week**
- NIDA for Teens**

Free Resources for Parents

- Family Checkup: Positive Parenting Prevents Drug Abuse**
- Preventing Drug Abuse Among Children and Adolescents: A Research-Based Guide for Parents, Educators, and Community Leaders, 2nd Edition (En Español)**
- Commonly Abused Drugs**
- DrugFacts:**
 - NIDA Site (En Español)
 - NIDA for Teens Drug Facts
 - Easy to Read Drug Facts (En Español)

Science Topics

- Computational Modeling
- Drug Delivery Systems: Getting Drugs to Their Targets in a Controlled

SHOW MORE

Game Time

WANT TO BE A Bioengineer?

Play the game, and learn how fingers can be regrown, paralyzed people can stand, and what an MRI image of your brain looks like.

LETS PLAY ▶

Download game on your apple device
Download game on your android device

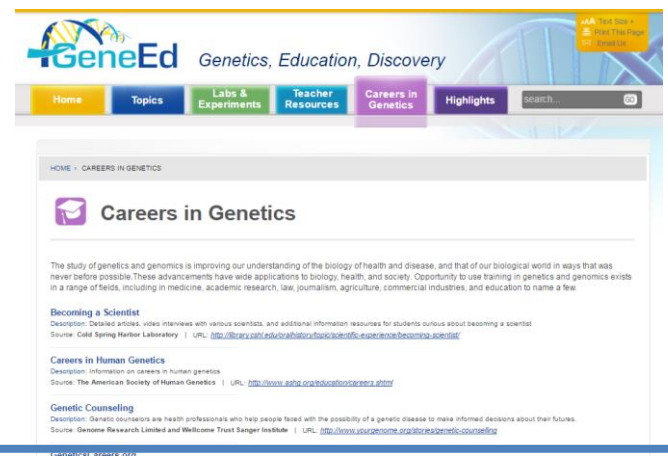
Fun Fact

Science information and research results.

PubMed Central
Free full-text archive of biomedical and life sciences journal literature.

Medline Plus
Reliable, up to date health information about diseases, conditions, and wellness issues.

Career Information



[GeneEd Careers in Genetics:
https://geneed.nlm.nih.gov/specialty.php?spageID=3](https://geneed.nlm.nih.gov/specialty.php?spageID=3)



[MedlinePlus Health Occupations page:
https://www.nlm.nih.gov/medlineplus/healthoccupations.html](https://www.nlm.nih.gov/medlineplus/healthoccupations.html)



[Enviro-Health Links – Careers page:
https://sis.nlm.nih.gov/enviro/edcotox.html](https://sis.nlm.nih.gov/enviro/edcotox.html)

NLM K-12- Twitter

https://twitter.com/NLM_K12

NLM K12 Sci Edu
@NLM_K12

Health and science education resources for teachers. From the National Library of Medicine. RT are not endorsements. NLM Privacy Policy: 1.usa.gov/yyhu2Q

National Library of Medicine
sis.nlm.nih.gov/outreach/k12.h...
Joined September 2010

14 Photos and videos

Tweets Tweets & replies Photos & videos

NLM K12 Sci Edu @NLM_K12 · Jan 28
Attn Teachers! A witty animation to engage students about the topic Mercury. #mercury #science go.usa.gov/cEbDA

NLM K12 Sci Edu @NLM_K12 · Jan 23
K12 teachers here is an animation that explains #lead exposure "Silent but Deadly": go.usa.gov/cUmMQ #Flint

NLM K12 Sci Edu @NLM_K12 · Jan 23
Want to make science relatable to students? This lesson plan on bottle water vs tap water in schools can help! go.usa.gov/3xQ9Q

NLM K12 Sci Edu @NLM_K12 · Jan 22
Teaching about runoff, impervious surfaces and smart development? Here's a lesson plan on it go.usa.gov/3xQ83

NLM K12 Sci Edu @NLM_K12 · Jan 22
Keep your students safe! Share this information on carbon monoxide. go.usa.gov/cPY4d #carbonmonoxide #snow

NLM K12 Sci Edu @NLM_K12 · Jan 22
How can #Methane affect my health? Los Angeles residents find out

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- Siobhan Blackwell** @siobhanmaire
- NLM Outreach** @NLM_OSP
- NLM SIS** @NLM_SIS



Trends


- #KanyeAnalPlaylist
- #FridayFeeling
- #FlashbackFriday
- Nemanja Vidic
- #MakeASentenceFromSongs
- #ChallengeAcceptedOnCC
- Hymn For The Weekend
- Murray
- Jacques Rivette

PubMed

<https://www.ncbi.nlm.nih.gov/pubmed/>

 NCBI [Resources](#)  [How To](#) 


 [PubMed](#)  [Advanced](#) [Search](#) [Help](#)



PubMed


PubMed comprises more than 25 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites.

PubMed Commons



Featured comment - Feb 11
Updating record: Author B George links data & code for study of interval training effects on cardiometabolic health.
[1.usa.gov/1Znx1C9](https://doi.org/10.1186/1745-6215-12-1)

Using PubMed

- [PubMed Quick Start Guide](#)
- [Full Text Articles](#)
- [PubMed FAQs](#)
- [PubMed Tutorials](#)
- [New and Noteworthy](#) 

PubMed Tools

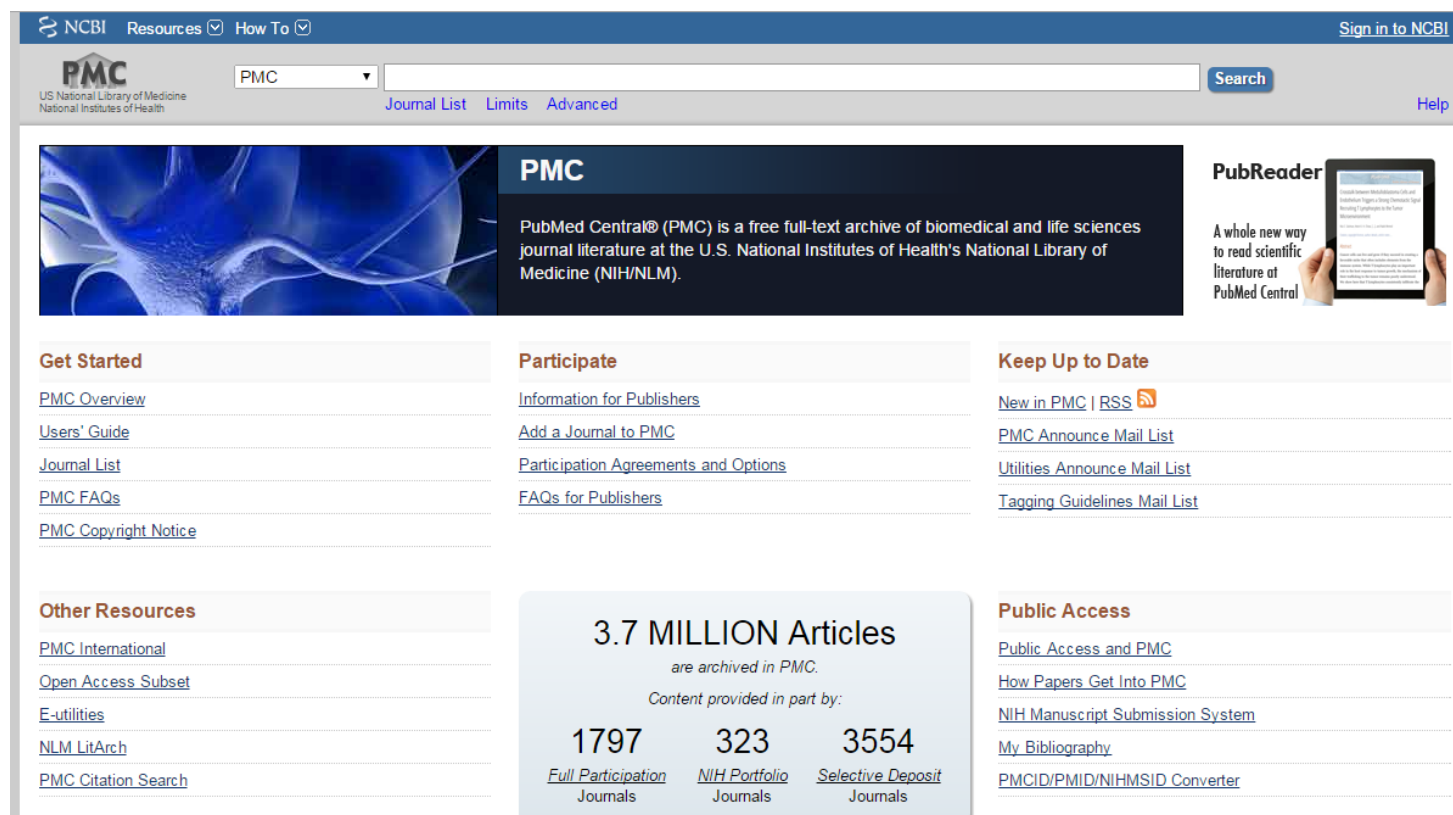
- [PubMed Mobile](#)
- [Single Citation Matcher](#)
- [Batch Citation Matcher](#)
- [Clinical Queries](#)
- [Topic-Specific Queries](#)

More Resources

- [MeSH Database](#)
- [Journals in NCBI Databases](#)
- [Clinical Trials](#)
- [E-Utilities \(API\)](#)
- [LinkOut](#)

PMC - PubMed Central

<https://www.ncbi.nlm.nih.gov/pmc/>



The screenshot shows the PubMed Central (PMC) homepage. At the top, there is a navigation bar with the NCBI logo, links to Resources and How To, a search bar with a dropdown menu set to 'PMC', and a 'Sign in to NCBI' link. Below the navigation bar, the PMC logo is displayed alongside the text 'US National Library of Medicine National Institutes of Health'. A search bar is also present with a 'Search' button. The main content area features a large banner with a blue background and a molecular structure image. The banner text reads: 'PMC PubMed Central® (PMC) is a free full-text archive of biomedical and life sciences journal literature at the U.S. National Institutes of Health's National Library of Medicine (NIH/NLM)'. To the right of the banner is a 'PubReader' section with a tablet image and the text: 'A whole new way to read scientific literature at PubMed Central'. Below the banner, there are three main sections: 'Get Started', 'Participate', and 'Keep Up to Date'. The 'Get Started' section includes links to 'PMC Overview', 'Users' Guide', 'Journal List', 'PMC FAQs', and 'PMC Copyright Notice'. The 'Participate' section includes links to 'Information for Publishers', 'Add a Journal to PMC', 'Participation Agreements and Options', and 'FAQs for Publishers'. The 'Keep Up to Date' section includes links to 'New in PMC | RSS', 'PMC Announce Mail List', 'Utilities Announce Mail List', and 'Tagging Guidelines Mail List'. Below these sections, there is a 'Public Access' section with links to 'Public Access and PMC', 'How Papers Get Into PMC', 'NIH Manuscript Submission System', 'My Bibliography', and 'PMCID/PMID/NIHMSID Converter'. In the center, a large box highlights '3.7 MILLION Articles are archived in PMC. Content provided in part by: 1797 Full Participation Journals, 323 NIH Portfolio Journals, 3554 Selective Deposit Journals'. A large white star is visible in the bottom left corner of the slide.

NCBI Resources How To Sign in to NCBI

PMC US National Library of Medicine National Institutes of Health Journal List Limits Advanced Search Help

PMC

PubMed Central® (PMC) is a free full-text archive of biomedical and life sciences journal literature at the U.S. National Institutes of Health's National Library of Medicine (NIH/NLM).

PubReader

A whole new way to read scientific literature at PubMed Central

Get Started

- [PMC Overview](#)
- [Users' Guide](#)
- [Journal List](#)
- [PMC FAQs](#)
- [PMC Copyright Notice](#)

Participate

- [Information for Publishers](#)
- [Add a Journal to PMC](#)
- [Participation Agreements and Options](#)
- [FAQs for Publishers](#)

Keep Up to Date

- [New in PMC | RSS](#)
- [PMC Announce Mail List](#)
- [Utilities Announce Mail List](#)
- [Tagging Guidelines Mail List](#)

Other Resources

- [PMC International](#)
- [Open Access Subset](#)
- [E-utilities](#)
- [NLM LitArch](#)
- [PMC Citation Search](#)

Public Access

- [Public Access and PMC](#)
- [How Papers Get Into PMC](#)
- [NIH Manuscript Submission System](#)
- [My Bibliography](#)
- [PMCID/PMID/NIHMSID Converter](#)

3.7 MILLION Articles
are archived in PMC.
Content provided in part by:

1797 Full Participation Journals	323 NIH Portfolio Journals	3554 Selective Deposit Journals
--	--	---

PubMed Health


<http://www.ncbi.nlm.nih.gov/pubmedhealth/>

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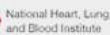




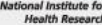
PubMed Health PubMed Health






Contents ▾ For researchers What's new Featured review ▾ Understanding clinical effectiveness ▾ Blog



What works?
Clinical effectiveness.

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Clinical Trials

<https://clinicaltrials.gov/>

ClinicalTrials.gov

A service of the U.S. National Institutes of Health

ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world. [Learn more about clinical studies](#) and [about this site](#), including relevant [history](#), [policies](#), and [laws](#).

[Find Studies](#) ▾ [About Clinical Studies](#) ▾ [Submit Studies](#) ▾ [Resources](#) ▾ [About This Site](#) ▾

ClinicalTrials.gov currently lists **208,491** studies with locations in all 50 States and in **191** countries.

Text Size ▾

Search for Studies

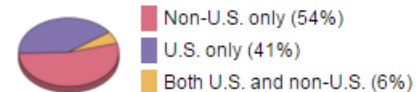
Example: "Heart attack" AND "Los Angeles"

[Advanced Search](#) | [See Studies by Topic](#)
[See Studies on Map](#)

Search Help

- [How to search](#)
- [How to find results of studies](#)
- [How to read a study record](#)

Locations of Recruiting Studies



Total N = 37,264 studies
(Data as of February 11, 2016)

- [See more trends, charts, and maps](#)

For Patients and Families

- [How to find studies](#)
- [See studies by topic](#)
- [Learn about clinical studies](#)
- [Learn more](#)

For Researchers

- [How to submit studies](#)
- [Download content for analysis](#)
- [About the results database](#)
- [Learn more](#)

For Study Record Managers

- [Why register?](#)
- [How to register your study](#)
- [FDAAA 801 requirements](#)
- [Learn more](#)

Learn More

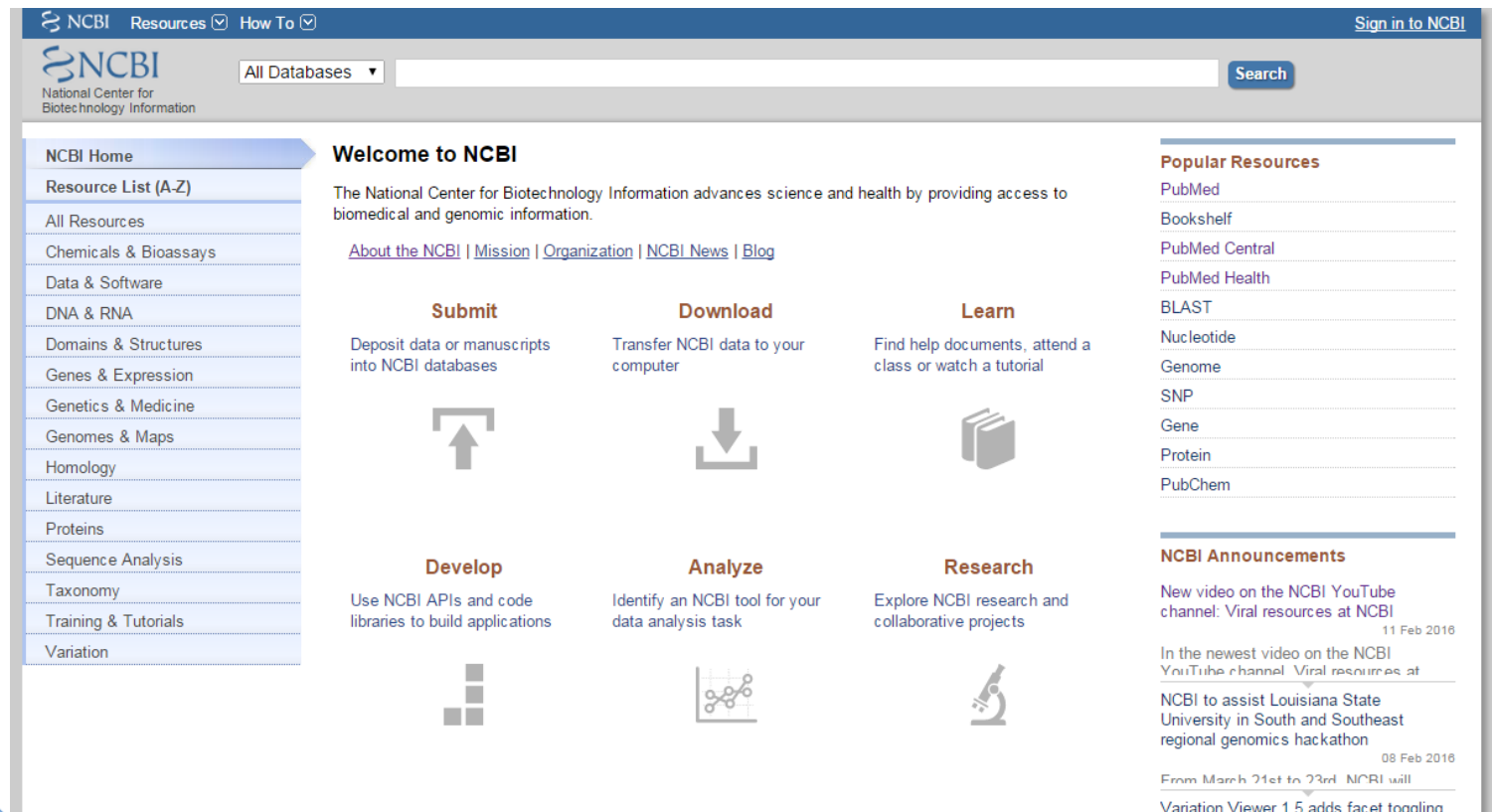
- [Tutorials for using ClinicalTrials.gov](#)
- [Glossary of common site terms](#)
- [For the press](#)
- [Using our RSS feeds](#)

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NCBI - National Center for Biotechnology Information

<http://www.ncbi.nlm.nih.gov/>



The screenshot shows the NCBI homepage with a blue header bar containing the NCBI logo, navigation links (Resources, How To), and a sign-in link. Below the header is a search bar with a dropdown menu set to 'All Databases' and a 'Search' button. On the left is a vertical sidebar with a 'NCBI Home' button and a 'Resource List (A-Z)' section containing links to various databases and tools. The main content area is titled 'Welcome to NCBI' and includes a brief description of the center's mission. Below this are six interactive tiles: 'Submit' (deposit data), 'Download' (transfer data), 'Learn' (find help documents), 'Develop' (use APIs), 'Analyze' (identify tools), and 'Research' (explore research projects). Each tile has an icon and a brief description. On the right side, there are two sections: 'Popular Resources' listing PubMed, Bookshelf, PubMed Central, PubMed Health, BLAST, Nucleotide, Genome, SNP, Gene, Protein, and PubChem; and 'NCBI Announcements' featuring two recent videos and a hackathon announcement.

NCBI Resources How To Sign in to NCBI

NCBI
National Center for
Biotechnology Information

All Databases Search

NCBI Home
Resource List (A-Z)
All Resources
Chemicals & Bioassays
Data & Software
DNA & RNA
Domains & Structures
Genes & Expression
Genetics & Medicine
Genomes & Maps
Homology
Literature
Proteins
Sequence Analysis
Taxonomy
Training & Tutorials
Variation

Welcome to NCBI

The National Center for Biotechnology Information advances science and health by providing access to biomedical and genomic information.

[About the NCBI](#) | [Mission](#) | [Organization](#) | [NCBI News](#) | [Blog](#)

Submit
Deposit data or manuscripts into NCBI databases

Download
Transfer NCBI data to your computer

Learn
Find help documents, attend a class or watch a tutorial

Develop
Use NCBI APIs and code libraries to build applications

Analyze
Identify an NCBI tool for your data analysis task

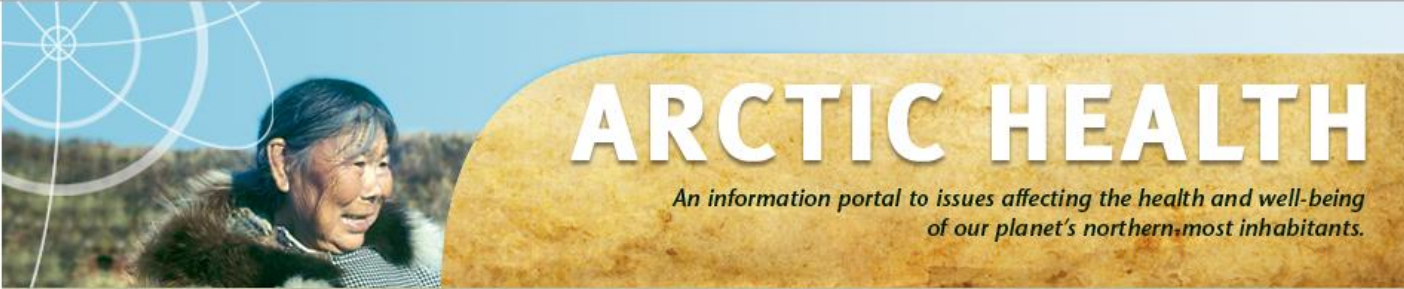
Research
Explore NCBI research and collaborative projects

Popular Resources
PubMed
Bookshelf
PubMed Central
PubMed Health
BLAST
Nucleotide
Genome
SNP
Gene
Protein
PubChem

NCBI Announcements
New video on the NCBI YouTube channel: Viral resources at NCBI
11 Feb 2016
In the newest video on the NCBI YouTube channel: Viral resources at
NCBI to assist Louisiana State University in South and Southeast regional genomics hackathon
08 Feb 2016
From March 21st to 23rd, NCBI will
Variation Viewer 1.5 adds facet tooling.

Arctic Health

<http://arctichealth.nlm.nih.gov/>



ARCTIC HEALTH
An information portal to issues affecting the health and well-being of our planet's northernmost inhabitants.

About Us | Link Selection | Acronyms & Abbreviations | FAQs | Contact Us

Search Text size: [S](#) [M](#) [L](#) [XL](#)

Home

Publications and Research ▶

Climate Change ▶

Food, Air, and Water ▶

Traditional Healing ▶


Multimedia ▶

Governments and Organizations ▶

Welcome!

The Arctic Health website is a central source for information on diverse aspects of the Arctic environment and the health of northern peoples. The site gives access to evaluated health information from hundreds of local, state, national, and international agencies, as well as from professional societies and universities. In addition, our own always expanding [Arctic Health Publications Database](#), (currently more than 250,000 records), can help you find Arctic-specific articles, out of print publications and information from special collections held in the [Alaska Medical Library](#).


The Arctic Health website is sponsored by the National Library of Medicine's [Division of Specialized Information Services](#) and maintained by the University of Alaska Anchorage's [Alaska Medical Library](#).


 11

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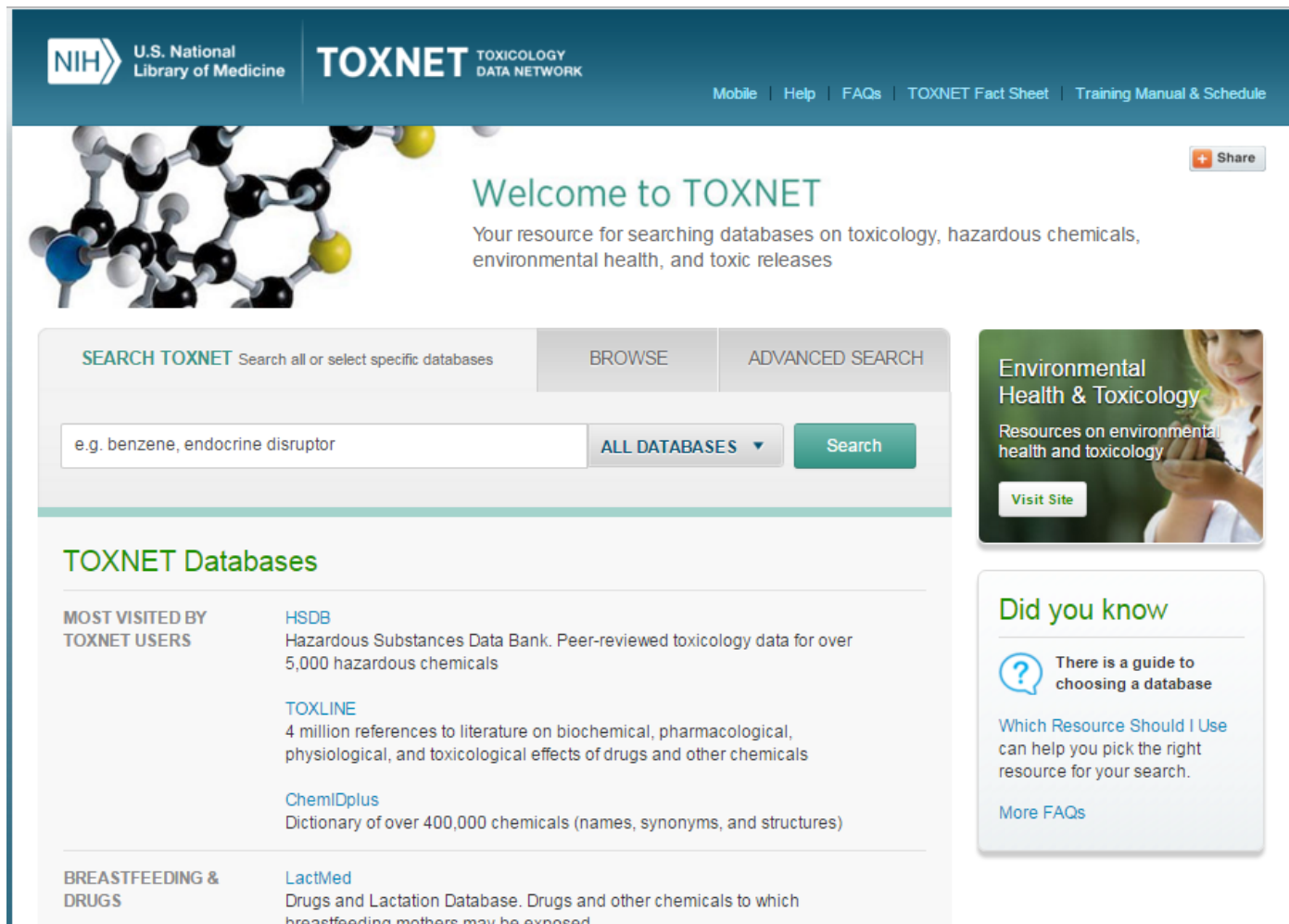
For more information, to send comments, or for technical support, please contact: ayahw@uaa.alaska.edu

 **Alaska Medical Library**
University of Alaska Anchorage

 United States
National Library of Medicine
National Institutes of Health

TOXNET

<http://toxnet.nlm.nih.gov/>



The screenshot shows the TOXNET website interface. At the top, there is a header with the NIH logo and the text "U.S. National Library of Medicine" and "TOXNET TOXICOLOGY DATA NETWORK". Navigation links include "Mobile", "Help", "FAQs", "TOXNET Fact Sheet", and "Training Manual & Schedule". A "Share" button is located in the top right corner. Below the header, there is a large image of a molecular structure on the left and the text "Welcome to TOXNET" on the right, followed by the description: "Your resource for searching databases on toxicology, hazardous chemicals, environmental health, and toxic releases". Below this, there is a search bar with the placeholder text "e.g. benzene, endocrine disruptor" and a dropdown menu labeled "ALL DATABASES". To the right of the search bar is a "Search" button. Below the search bar, there is a section titled "TOXNET Databases" with a list of databases: "MOST VISITED BY TOXNET USERS" (HSDB, TOXLINE, ChemIDplus) and "BREASTFEEDING & DRUGS" (LactMed). On the right side of the page, there is a sidebar with a section titled "Environmental Health & Toxicology" and a "Visit Site" button, and another section titled "Did you know" with a question mark icon and text about a guide to choosing a database.

NIH U.S. National Library of Medicine TOXNET TOXICOLOGY DATA NETWORK

Mobile | Help | FAQs | TOXNET Fact Sheet | Training Manual & Schedule

Share

Welcome to TOXNET

Your resource for searching databases on toxicology, hazardous chemicals, environmental health, and toxic releases

SEARCH TOXNET Search all or select specific databases BROWSE ADVANCED SEARCH

e.g. benzene, endocrine disruptor ALL DATABASES Search

TOXNET Databases

MOST VISITED BY TOXNET USERS

- [HSDB](#)
Hazardous Substances Data Bank. Peer-reviewed toxicology data for over 5,000 hazardous chemicals
- [TOXLINE](#)
4 million references to literature on biochemical, pharmacological, physiological, and toxicological effects of drugs and other chemicals
- [ChemIDplus](#)
Dictionary of over 400,000 chemicals (names, synonyms, and structures)

BREASTFEEDING & DRUGS

- [LactMed](#)
Drugs and Lactation Database. Drugs and other chemicals to which breastfeeding mothers may be exposed

Environmental Health & Toxicology

Resources on environmental health and toxicology

Visit Site

Did you know

There is a guide to choosing a database

Which Resource Should I Use can help you pick the right resource for your search.

More FAQs

PHPartners

<https://phpartners.org/>



A collaboration of U.S. government agencies, public health organizations and health sciences libraries

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Our Mission

Helping the public health workforce find and use information effectively to improve and protect the public's health

Public Health Topic Pages

- › Bioterrorism
- › Dental Public Health
- › Environmental Health
- › HIV/AIDS
- › How to Access Journal Articles
- › Nutrition
- › Obesity
- › Public Health Genomics
- › Veterinary Public Health
- › Workforce Development

Main Topic Pages

- › Health Promotion and Health Education
- › Literature and Guidelines
- › Health Data Tools and Statistics
- › Grants and Funding
- › Education and Training
- › Legislation and Policy
- › Conferences and Meetings
- › Finding People
- › Discussion and E-mail Lists
- › Jobs and Careers

Current Public Health News

FDA takes significant steps to protect Americans from dangers of tobacco through new regulation - 05-MAY-2016

NIH resources to help families navigate pediatric palliative care - 05-MAY-2016

Council on Linkages Releases New Report on Recruitment and Retention in Public Health - 05-MAY-2016

Nominate an Outstanding Public Health Activity for ASTHO's 2016 Vision Awards - 05-MAY-2016

2015 National Healthcare Quality and Disparities Report and 5th Anniversary Update on the National Quality Strategy - 05-MAY-2016

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In the Spotlight


Core Competencies for Public Health Professionals




National Network of Libraries of Medicine, Pacific Northwest Region

Learning Resources Database

<https://learn.nlm.nih.gov/>

 U.S. National Library of Medicine

 Learning Resources Database [Help](#)

Use any of the following fields to search or browse resources.

All Fields Search:

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Subjects and Products:

- ☐ Agriculture
- ☐ Bioinformatics
- ☐ Cancer
- ☐ Clinical Medicine
- ☐ ClinicalTrials.gov
- ☐ Consumer Health
- ☐ DOCLINE

Date Last Revised:

From To

☐ Include Archived Materials

Results for: Date Last Revised From 2016-01-01 To 2016-27-05 .

Display 1 to 10 of 46 results.

1 2 3 4 5

1. Commenting in PubMed: PubMed Commons Trends and Tips

Description: Hilda Bastian from the National Center for Biotechnology Information (NCBI) at the National Library of Medicine discusses the commenting system in PubMed: PubMed Commons for the 2016 Medical Library Association annual conference. For more information, see the [PubMed Commons](#) documentation.

Format: MP4 Video / Video Tutorial

Subjects: PubMed

Archived: No

Date Last Revised: 25-May-2016

2. LinkOut Beyond Full Text: Linking to Data

Description: LinkOut goes beyond full text, linking to the datasets as well as full text. Learn what types of data are being deposited and how the links are created in PubMed. Kathy Kwan presents LinkOut for the 2016 Medical Library Association annual conference. For more information, see the [LinkOut](#) documentation.

Format: MP4 Video / Video Tutorial

Subjects: LinkOut, PubMed

Archived: No

Date Last Revised: 25-May-2016

3. Linked Data at NLM: Presentation to MLA

Description: The BIBFRAME and MeSH RDF projects are great examples of work pushing the library and information community forward. Both projects involve working with linked data and embracing a new environment for making our bibliographic, authority and subject data available to users (and machines) on the web. Sharon Willis from the National Library of Medicine presents Linked Data at NLM to the 2016 Medical Library Association annual conference.

Format: MP4 Video / Video Tutorial

Subjects: Medical Subject Headings (MeSH), Other

Archived: No

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<https://www.nih.gov/>

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Questions on Infertility Treatment?


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In the News




Obesity
Information on nutrition, physical activity, and weight control.



Zika Virus Infection
Understanding the symptoms and how the virus spreads.




Suicide Prevention
Knowing the risk factors can help reduce the suicide rate.




Seasonal Allergies
Preventive strategies can decrease symptoms.


NIH at a Glance




Who We Are
NIH is the nation's medical research agency, supporting scientific studies that turn discovery into health.




The NIH Director
Francis S. Collins, M.D., Ph.D., provides leadership for the 27 institutes and centers that make up the NIH.




Funding for Research
NIH is the largest source of funding for medical research in the world, creating hundreds of thousands of high-quality jobs.



Labs at NIH
Scientists conduct research on NIH campuses across the U.S., as part of our Intramural Research Program.



Training at NIH
NIH provides training opportunities internally, as well as at universities and other institutions across the U.S.



Jobs at NIH
The central recruitment point of access to all NIH jobs and training opportunities

Featured Resources & Initiatives

Precision Medicine Initiative Cohort Program
A research effort to revolutionize how we improve health and treat disease.

The BRAIN Initiative
Part of a Presidential focus aimed at revolutionizing our understanding of the human brain.

Clinical Trials
Learn about participating in clinical trials and where to find them.

Health Information
Diabetes, obesity, cancer, asthma, and many other consumer health topics.

Rigor and Reproducibility
Learn how NIH is enhancing rigor and reproducibility in scientific research.

Voices of the NIH Community
NIH's project to capture an oral history of the research experience.

Team Science Toolkit
A "one stop shop" helping manage, support, conduct, study, and evaluate team-based research.

Impact of NIH Research
NIH-supported research has had a major positive impact on nearly all of our lives.

Diversity
Learn about the "Enhancing the Diversity of the NIH-funded Workforce" program.

Accelerating Medicines Partnership
A bold new venture to help identify new treatments and cures for diseases.

Science Education
Resources and interactive activities for teaching and learning about science.

Medical Research Initiatives
Important initiatives aimed at improving medical research.

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<https://collections.nlm.nih.gov/>



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Digital Collections

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Authors >

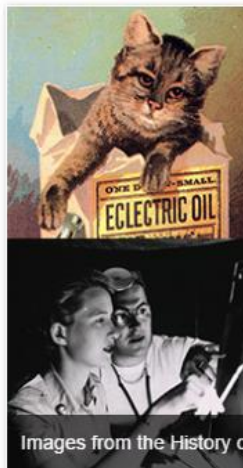
Titles >

Formats >

Languages >

Genre >

Dates by Range >



Images from the History of Medicine (IHM): Paintings, posters, photos & more...spanning the centuries

Digital Collections is the National Library of Medicine's free online resource of biomedical books and still and moving images. All of the content in Digital Collections is freely available worldwide and, unless otherwise indicated, in the public domain. Digital Collections provides unique access to NLM's rich resources.

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National Institutes of Health, Health & Human Services
Freedom of Information Act, Contact Us



NLM Traveling Exhibits

Education for Students, Staff, and the Public



NLM Traveling Exhibits

<https://www.nlm.nih.gov/hmd/about/exhibition/index.html>

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AND THERE'S THE HUMOR OF IT: Shakespeare and the Four Humors

science & society



PICK YOUR POISON: Intoxicating Pleasures & Medical Prescriptions



FROM DNA TO BEER: Harnessing Nature in Medicine and Industry

patients & practitioners



CONFRONTING VIOLENCE: Improving Women's Lives



PICTURES OF NURSING: The Zwerdling Postcard Collection

the technology of medicine



VISIBLE PROOFS: Forensic Views of the Body



THE ONCE AND FUTURE WEB: Worlds Woven by Telegraph and Internet

NLM Traveling Exhibits

Frankenstein

HOME | EXHIBITION | EDUCATION | DIGITAL GALLERY | CREDITS | TRAVELING INFO

EXHIBITION PROGRAM

FRANKENSTEIN:

PENETRATING *the* SECRETS of NATURE

On a dark and stormy night in 1816, Mary Shelley began writing a story that posed profound questions about individual and societal responsibility for other people.

EXPLORE THE EXHIBITION

SEE THE DIGITAL GALLERY

FIND EDUCATIONAL RESOURCES

NLM Traveling Exhibits

Harry Potter's World



NLM Traveling Exhibits

Native Voices

NATIVE VOICES
NATIVE PEOPLES' CONCEPTS OF HEALTH AND ILLNESS

EXHIBITION INTERVIEWS TIMELINE RESOURCES VISIT

Search...

WATCH OVERVIEW VIDEOS

Listen to the director of the National Library of Medicine introduce *Native Voices*. Watch an overview of the exhibition that demonstrates how Native peoples of the United States today enhance their wellness through both traditional and Western healing practices.

NATIVE VOICES

Watch interviews with Native people telling how the wellness of individuals and communities has been affected by epidemics, government policies, and the inhibition of Native culture. Hear contemporary stories of renaissance, recovery, and self-determination.

VIEW THE EXHIBITION

Health, illness, and cultural life form unique, interconnected relationships in the lives of Native Americans, Alaska Natives, and Native Hawaiians. Learn more about these connections by exploring our exhibition, *Native Voices: Native Peoples' Concepts of Health and Illness*.

EXPLORE THE TIMELINE

Native Peoples' healing traditions have rich histories that extend into the distant past. This timeline highlights key events and themes, from antiquity to the present, to help us understand the importance of some of these ongoing traditions.

THE TRAVELING EXHIBITION + SCHEDULE

Available on the App Store
Available on Google play



STORIES FROM THE JOURNEY A BLOG

OPENING DAY
Highlights from the Opening Day festivities.

TOTEM
Watch the Healing Totem Pole's Journey.

NLM Traveling Exhibits




For All the People



For All the People
A CENTURY OF CITIZEN ACTION
IN HEALTH CARE REFORM

Health care reform has been a contentious political issue in the United States for more than a hundred years.

—EXPLORE THE EXHIBITION—

[HOME](#) | [EXHIBITION](#) | [EDUCATION](#) | [CREDITS](#) |  [TRAVELING INFO](#)   

For All the People
A CENTURY OF CITIZEN ACTION
IN HEALTH CARE REFORM

EDUCATION

LESSON PLANS

HIGHER EDUCATION

ONLINE ACTIVITIES

OTHER RESOURCES


RELATED RESOURCES AT NLM

For All the People presents the following classroom resources for K-12 and undergraduate educators and their students. These resources are designed to be starting points for exploring historical perspectives and existing tools and services for considering people's access to health care in the United States. Educators are welcome to adapt them in whole or in part as appropriate for their students' interests and learning goals.

LESSON PLANS




HIGHER EDUCATION



ONLINE ACTIVITIES



OTHER RESOURCES



NLM Traveling Exhibits

Confronting Violence

CONFRONTING VIOLENCE IMPROVING WOMEN'S LIVES

 EXHIBITION PROGRAM

Temperance and women's rights advocates called attention to family violence and agitated for reform during the mid-19th century. Despite their efforts, society as a whole continued to ignore domestic violence.

[CONTINUE to GENERATIONS OF REFORMERS](#)



EXPLORE

HOME • EXHIBITION • EDUCATION • DIGITAL GALLERY • CREDITS

LEARN more



Who were some advocates for change?

FIND OUT

SEE the digital gallery



BOOK the traveling exhibition



Disaster Information



MedlinePlus Disaster Preparation page

<https://www.nlm.nih.gov/medlineplus/disasterpreparationandrecovery.html>

Home → Health Topics → Disaster Preparation and Recovery

Disaster Preparation and Recovery

On this page

Basics <ul style="list-style-type: none">SummaryStart HereLatest News	Learn More <ul style="list-style-type: none">Related IssuesSpecifics	See, Play and Learn <ul style="list-style-type: none">Games
Research <ul style="list-style-type: none">Clinical TrialsJournal Articles	Resources <ul style="list-style-type: none">Find an Expert	For You <ul style="list-style-type: none">WomenSeniors

Summary

Preparing for a disaster can reduce the fear, anxiety and losses that disasters cause. A disaster can be a natural disaster, like a [hurricane](#), [tornado](#), [flood](#) or [earthquake](#). It might also be man-made, like a [bioterrorist attack](#) or [chemical spill](#). You should know the risks and danger signs of different types of disasters. You should also have a disaster plan. Be ready to evacuate your home, and know how to treat basic medical problems. Make sure you have the insurance you need, including special types, like flood insurance.

No matter what kind of disaster you experience, it causes [emotional distress](#). After a disaster, recovery can take time. Stay connected to your family and friends during this period.

Federal Emergency Management Agency

Start Here

- [Are You Ready? An In-Depth Guide to Citizen Preparedness](#) (Department of Homeland Security) - PDF Available in Spanish
- [Disaster Recovery Guide](#) (American Red Cross)

Latest News

- [Pediatricians' Group Says U.S. Lacks Resources to Treat Kids in Disasters](#) (01/04/2016, HealthDay)

Related Issues

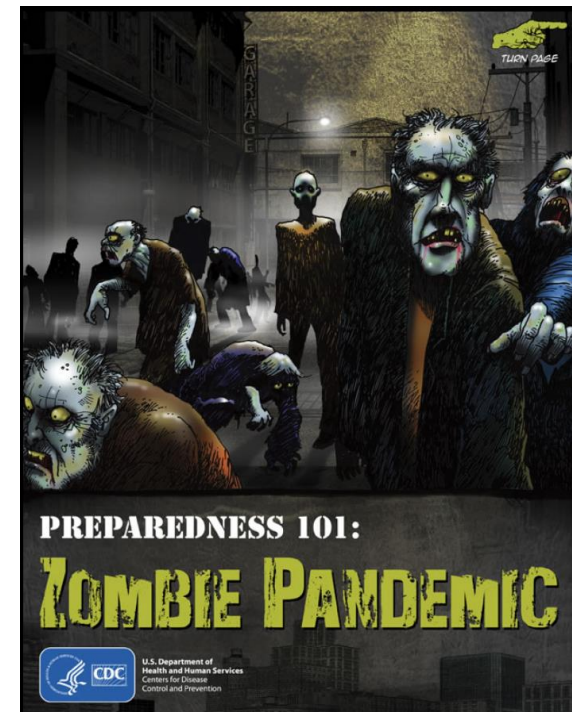

- [Clean Hands Save Lives: Emergency Situations](#) (Centers for Disease Control and Prevention)
- [Disaster Preparedness for Your Pet](#) (Centers for Disease Control and Prevention)
- [Emergency Disinfection of Drinking Water](#) (Environmental Protection Agency, Office of Water)

Get Disaster Preparation and Recovery updates by email

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Related Health Topics

- [Biodefense and Bioterrorism](#)
- [Chemical Emergencies](#)
- [Coping with Disasters](#)
- [Earthquakes](#)
- [Fires](#)
- [First Aid](#)
- [Floods](#)
- [Heat Illness](#)
- [Hurricanes](#)
- [Post-Traumatic Stress Disorder](#)
- [Radiation Emergencies](#)
- [Tornadoes](#)



Disaster Information Management Research Center - (DIMRC)

<https://disaster.nlm.nih.gov/>



U.S. Department of Health & Human Services

www.hhs.gov

Disaster Information Management Research Center
IMPROVING ACCESS TO DISASTER HEALTH INFORMATION

National Library of Medicine
National Institutes of Health
SPECIALIZED INFORMATION SERVICES

NLM

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Disaster Information Training

WISER Wireless Information System for Emergency Responders

In the Spotlight

- ▶ Zika Virus Health Information Resources
- ▶ Floods: Health Information Resources
- ▶ Children in Disasters: Health Resources
- ▶ NIH Disaster Research Response Project (DR2)
- ▶ Disaster Apps and Mobile Web Sites

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Stay Connected

Announcements

NEW: Zika Virus Health Information Resources

UPDATED: Lead in the Flint, Michigan Water System (PDF, 300 KB)

UPDATED: Aliso Canyon Natural Gas (Methane) Leak Information Resources

Disaster Information Specialist Webinar
Thursday, February 11, 2016 at 1:30 pm, ET *From West Africa to Omaha: Research on Ebola and Other Emerging Pathogens*
More about this meeting and recordings of previous

New Documents from Disaster Lit™

- ▶ Questions and Answers: Zika Virus Disease
- ▶ More...


New in PubMed

- ▶ Destruction of the World Trade Towers: Lessons Learned from an Environmental Health Disaster.

NLM Emergency Preparedness and Response Toolkit

<http://nmlm.gov/ep/>

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NN/LM Disaster Ready Initiative


Creating a disaster ready culture in our nation's libraries

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Downloads


[One Page Service Continuity Plan Template](#)
[Sample Table-Top Exercises](#)

NN/LM & South Carolina State Library Partnership



Library Disaster Readiness Test Revised

Posted on September 10th, 2015 by Dan Wilson | Filed under [Preparedness](#) | Comments Off on Library Disaster Readiness Test Revised




How prepared is your library for a major service disruption? Take this Library Disaster Readiness Test to find out.


1. We are committed to purchasing core print materials that may be needed if power is down for an extended time or the Internet is compromised.
2. Our proxy server has unlimited emergency backup power.
3. We have a response station that includes items such as flashlights, first aid kit, bullhorn, plastic, and a battery operated radio.
4. We practice situation awareness reporting (What, When, and Where) before, during, and after any kind of service disruption.
5. Our staff are prepared at home for going 3 days without power.
6. We regularly drill our staff on how to respond to unplanned incidents, such as tornadoes, shooter, behavioral emergencies, and HAZMAT incidents, and we perform at least one evacuation drill per year.
7. We conduct at least two tabletop exercises per year. (One for planned and one

Search Site

NN/LM EP&R Summit: Wilkes-Barre, PA



NN/LM EP&R Summit: Washington, DC



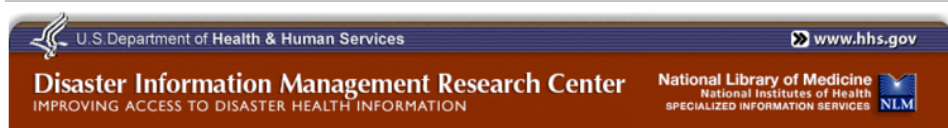
Disaster Information Specialist Program

Disaster Information Specialization



MLA

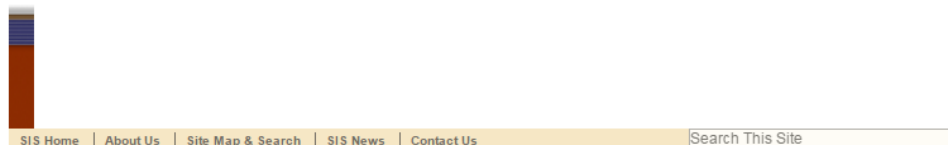
Disaster Information Specialization



Developed by MLA and the National Library Medicine (NLM), offers training in disaster emergency preparedness, response, and recovery.

In addition to other educational activities, the Disaster Information Specialization can provide online courses to acquire the knowledge and skills necessary to support disaster or public health emergencies.

[MLA Disaster Information Specialization page:](http://www.mlanet.org/education/dis/)
<http://www.mlanet.org/education/dis/>



SIS Home > DIMRC Home > Librarians and Disasters > Disaster Info Specialist Program

Text size: S M L XL



Disaster Information Specialist Program

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[Monthly Webinars/Conference Calls](#)

[Training and Continuing Education](#)

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[Additional Resources](#)

About the Disaster Information Specialist Program

The Disaster Information Specialist Program is a collaborative effort to explore and promote the role of information specialists in the provision of disaster-related information resources to the workforce and communities.

Monthly Webinars/Conference Calls

A webinar/conference call for those interested in disaster health information is held on the second Thursday of most months at 1:30 ET. The Disaster Information Specialist Program monthly webinars/conference calls are open to all and can be attended in person, online through Adobe Connect, or by telephone. To receive announcements about the meetings, including connection information, please join our listserv.

Medical Library Association (MLA) continuing education credit is available for participating in, or watching the recording of, a monthly webinar/conference call. To obtain a certificate for one hour of continuing education credit, register with the Oak Ridge Associated Universities Learning Management System at <https://oraulearning.org>. After registration, select the webinar from the course catalog. Complete the MLA-required "Continuing Education Evaluation Survey" and your certificate will be added to your account. Registration is only required for those interested in MLA CE credit.

Training and Continuing Education

The Medical Library Association (MLA) awards a Disaster Information Specialist Certificate for completion of course work.

[DIMRIC Disaster Information Specialist Program page:](https://disaster.nlm.nih.gov/dimrc/disasterinfospecialist.html)
<https://disaster.nlm.nih.gov/dimrc/disasterinfospecialist.html>

Join the Network

NN/LM PNR <http://nnlm.gov/pnr>



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News & Announcements

- » [Dragonfly](#) (PNR blog)
- » [Bringing Health Information to the Community](#) (BHIC blog)
- » [PNR Rendezvous](#) Join our free monthly webcast series on **September 16**.
- » [PNR Partners](#) Join our webinar series showcasing the work of our funding

National Network of Libraries of Medicine (NN/LM) Pacific Northwest Region

MEMBERSHIP FREE

Supporting collaborative
centers, and community
[Idaho, Montana, Oregon](#)

The mission of the NN/LM is to support researchers, health professionals, the Regional Medical Library programs, funding, and community resource sharing, community

If your institution is not a member now!

Funding Opportunities and Resources

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- [PNR Awards 2011 - 2016](#)
- [PNR Projects Funded 2006 - 2011](#)
- [PNR Projects Funded 2011 - 2016](#)
- [Grants and Support from the National Library of Medicine](#)

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PNR Awards 2011 - 2016

Each year, the PNR funds subcontracts and awards to support network members and encourage outreach activities aligned with the [NN/LM mission](#).

Available Awards	Purpose	Funding	Submit Intent to Apply By	Application Deadlines
Express Outreach	To improve use of quality online health information resources by priority populations, facilitate improved health literacy and to promote awareness and use of the products and services of the NLM and the NN/LM.	Up to \$15,000	N/A	Currently Closed
Medical Library Pilot Project	To recognize and support emerging roles of the information professional through pilot or demonstration projects that explore or demonstrate innovative roles within their institution.	Up to \$15,000	N/A	Currently Closed
Regional Symposia	To support Network members in planning and hosting regional symposia about issues and priorities of the NN/LM PNR Program.	Up to \$10,000	N/A	Currently Closed
Technology	To enhance the capacity of a library or community organization to offer electronic health information services by supporting the purchase,	Up to \$10,000	N/A	Currently Closed

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- [Provide Outreach](#)
- [What NN/LM PNR Can Do For You](#)
- [What You Can Do For Others](#)

Provide Outreach

The NN/LM PNR equips and encourages Network members to extend their services and expertise to other agencies and institutions beyond their traditional reach. By developing and expanding collaborations, the Network works to accomplish the primary goal to improve the public's access to information to enable them to make informed decisions about their health, and to provide health professionals with equal access to biomedical information.

What NN/LM PNR Can Do For You

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- Provide consultation and support to [partner and collaborate](#) with agencies in your community to provide health information services. Assist with [planning and evaluating](#) outreach.
- Provide [training and professional development opportunities](#) so you can update your skills or learn new techniques in providing health information. We use the train-the-trainer model to equip you to train your staff or clients regarding health information issues. Training sessions cover a range of topics - from utilizing National Library of Medicine resources, evaluating health information for quality, to using evaluation methods to measure your impact within your organization.
 - [Training Resources you can use](#): Including lesson plans, toolkits, brochures.
 - Trainers from the [National Training Center and Clearinghouse](#) come to the Pacific Northwest on a regular basis to offer in-depth training. The schedule of these classes along with classes to request from PNR staff and many of our class materials is available [here](#).
 - Here is a [calendar of events](#) listing where regional NN/LM staff will be offering training sessions or staffing exhibits throughout the region.
- [Developing funding for health information outreach projects in your community](#). To find out about funding opportunities visit this page, which

Thank You!

Questions?

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National Network of Libraries of Medicine, Pacific NW Region

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